



JUDGE BAKER CHILDREN'S CENTER



Center for Effective
Child Therapy
Building Skills to Empower Lives



CHILD-ADULT RELATIONSHIP ENHANCEMENT (CARE) TRAINING

What is CARE?

Child-Adult Relationship Enhancement (CARE) is a trauma-informed, field-initiated training developed by the Trauma Treatment Training Center for general usage by non-clinical adults who interact with children with a history of trauma. CARE is not a therapy, but uses similar skills taught in Parent-Child Interaction Therapy (PCIT).

How does CARE work?

CARE utilizes the 3 P skills **Praise, Paraphrase, and Point-Out Behavior** to connect with children, a set of techniques for giving children effective positive commands, and selective ignoring techniques to redirect problematic behaviors. CARE also contains a trauma education component to contextualize the use of these skills with the kinds of behaviors and problems exhibited by children with a history of trauma.

Who can CARE help?

CARE can be used with children of all ages and can be generalized to a wide variety of settings and implemented at different levels of intensity. CARE is supported by pragmatic evidence of its effectiveness.

Who can be trained in CARE?

CARE training is appropriate for any non-clinical or clinical professionals, school personnel, or daycare workers who interact with children.

For more information or to find out about the next CARE training, contact the Center for Effective Child Therapy at **617-278-4288** or visit our website at **www.jbcc.harvard.edu/CARE**



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