Changing Futures
Brightening a Child’s Tomorrow

Judge Baker Children’s Center
Annual Report July 1, 2008 to June 30, 2009
Mission Statement

The Judge Baker Children’s Center promotes the best possible mental health of children through the integration of research, intervention, training, and advocacy.

RESEARCH • INTERVENTION • TRAINING • ADVOCACY

• Through research we identify best practices.
• Through intervention we bring those practices to children and families of diverse communities.
• Through training we disseminate skills in research and quality care.
• Through advocacy we use scientific knowledge to expand public awareness and inform public policy.

December 2009

Dear Friends,

Welcome to the 2009 Annual Report for Judge Baker Children’s Center! Within these pages you will learn about the Baker, the children and families whom we serve, and the positive impact the Baker has had on all their lives. Every day we are taking lessons learned in the laboratory and using this knowledge to change the future for children coping with emotional and behavioral problems. We offer hope when there is often none and open the world for them in a whole new way.

Throughout our history, the Baker has been a leader in developing and disseminating more effective methods to create a promising future for families and their children struggling to overcome mental health problems. Never have the prospects for success been better than today. We know how to help these children build a future filled with possibility. Our challenge is to marshal the resources necessary to do so—to make the very best care available without delay.

As Chair of the Board of Trustees, I have the privilege of witnessing first hand all the incredible work being done at the Baker. There are countless individuals whose lives have been forever changed because they came to Judge Baker Children’s Center. The reality is, however, that many more still need and could benefit from our work. Like other nonprofits in the greater Boston area, we, too, faced financial challenges in the fiscal year 2009. Our fundraising efforts were strained by the economic downturn. I am very grateful, however, that our loyal donors and new supporters stepped forward to ensure that even in these difficult times we were able to provide critical programs and services when they were needed most.

I remain optimistic that the Baker’s future, too, is filled with promise—and the goal of expanding our reach to help children and their families all across the country will be achieved.

I hope you find the stories on the pages that follow informative, insightful, and inspiring. I thank you for all that you have done for the Baker to make our work possible. As a supporter of our organization, you may take pride in knowing that you have brightened the future for many a child.

Wishing you all a happy and healthy 2010!

Kathryn E. Cade
Chair, Board of Trustees
Executive Summary

What a year! Financial meltdown on a global scale, real estate tanking, banks and businesses in disarray, retirement accounts collapsing, then an historic presidential election, the federal Troubled Asset Relief Program (TARP), and the first signs that our country may claw its way back to recovery. At Judge Baker Children’s Center, we have focused closely on the turmoil’s long-term psychological and cognitive effects of severe childhood malnutrition, a study based in Barbados. JBCC Senior Scientist Bill Beardslee and Research Scientist Tracy Gladstone began their follow-up study of the long-term effects of a potent adolescent depression prevention program—an effort to test effects of the program as teens move into young adulthood. JBCC Senior Scientist Judy Crowell and her Baker research colleague Dorothy Warner began their ongoing follow-up of work begun decades ago by our wonderful colleague Stuart Hauser, who we lost last year. This work will examine how the effects of child and adolescent adversities—especially in early social experience—relate to later adult health, including cardiovascular disease. JBCC Research Scientist Sarah Kate Bearman has launched her research designed to identify treatment procedures that are especially effective in addressing teen depression. JBCC Research Scientist Matt Nock continues his widely cited research on the nature and causes of suicide and non-suicidal self-injury, and effective methods of identifying individuals at risk of self-harm. Julie Springwater and her colleagues in the New England Association of Child Welfare Commissioners and Directors have been hard at work on their Breakthrough Series Collaborative, bringing colleagues throughout New England together to develop and test new strategies for ensuring child safety. And my research team has been busy in our New England projects focused on bringing evidence-based psychological treatments into community clinics by training and coaching front-line clinicians and their clinical supervisors.

The work of all of these Baker colleagues has been made possible by generous funding from multiple sources—grants from the National Institute of Mental Health, the National Institute on Aging, the Norlien Foundation, Casey Family Program, the Annie E. Casey Foundation, and the John D. and Catherine T. MacArthur Foundation. Considerable funding from these sources predates this fiscal year, for projects that are still going strong; however, in FY09 alone, we were fortunate to receive more than $2 million in new grants for new projects. We remain very grateful to those who support this important work for their commitment to quality and their faith in our institution and in our colleagues.

As we transition to a new fiscal year, we are saddened at the loss of a wonderful colleague, child psychiatrist Dr. Leon Eisenberg. Leon was a world-class figure in children’s mental health, mentor to Judge Baker’s Dr. Alvin Poussaint and an honoree at the Baker’s 1994 Camille O. Cosby World of Children Award Celebration (fellow honorees that year were Corretta Scott King and M.L. King). Looking ahead, we know we will benefit from the wisdom of new leaders who have joined us during the fiscal year. Our new Chief Operating Officer, Steve Schaffer, came to us from Children’s Friend and Family Services, where he was President. Under his leadership OFFS grew from a small single-site organization to a seven-site, multifaceted program with a $5 million annual budget. Steve brings a rich array of clinical, management, and organization-building skills to the Baker, and we are excited at the prospect of working with him. We are also delighted to welcome two new Trustees who have very special ties to the Baker. John Pears is an architect who played a major role in the design of the Baker’s current facility and who is highly invested in the services provided within the exceptional space he helped to shape. Drew Knowland is an investment specialist who has eight years of experience as a Manville parent and who will serve as liaison between the Board and Manville parents. Both John and Drew are already playing important roles in informing decision-making by the Board.

Any discussion of this remarkable year at the Baker, and key people who have made it so remarkable, should highlight the role of our many friends who have stood by us and supported our work. We could not have accomplished what we have achieved this fiscal year without your loyalty and your financial backing. The grant funding I noted above was very importantly complemented by the steady growth of our development program led by Vice President of Advancement Michele Urbanicz and her talented team. Even in the unusually difficult fundraising climate of the national meltdown, we exceeded our goals for the Cadillac Invitational Golf Tournament to support Judge Baker Children’s Center and for Team Baker in the Rodman Ride for Kids, and we showed continued growth in other development initiatives. We are truly grateful for your support. We look forward to your continued partnership as we shape, together, the future of the Judge Baker Children’s Center.

At the Manville School, our census rose to 93 students, our largest in Manville history. Children’s Center, we have focused closely on the turmoil’s effects on the nonprofit human services community. For many of our close colleagues and partner organizations the impact has been massive. Some organizations faced near collapse, and many were forced to lay off employees and eliminate benefits, including health and retirement support. Most painfully, many have had to cut back and eliminate entire programs that met critical human needs. Clearly, these have been trying times for organizations that work to improve the human condition, for employees of these organizations, and—importantly—for the people the organizations serve.

The year has been challenging for the Baker as well, but we have much to be grateful for. Throughout this difficult year, we have been able to sustain and strengthen existing programs and build new ventures for the children and families who count on us. We have managed our finances with care,amped up fundraising power, attracted multiple grants, and expanded our work in ways that generate new outreach and needed revenue. We ended fiscal year 2009 with a budget in the black and a substantially strengthened profile of services and projects for children and families. Our work was recognized by the Rotary Club of Boston, which made Judge Baker Children’s Center the featured honoree in this year’s Governor’s Prayer Breakfast.

At the Manville School, our census rose to 93 students, the largest in Manville history. The increased numbers meant increased workloads for the Manville staff, but the can-do spirit and esprit-de-corps of the staff never flagged. Guided by these dedicated staff members, the students marked stellar academic achievements this year. On the statewide high school competency exams (MCAS, required for a high school diploma), the students scored a 94% pass rate in English/Language Arts and Mathematics, and a 100% pass rate in Science.

Our Summer Treatment Program was so successful in the summer of 2008 that it doubled in enrollment by the summer of 2009.
The Summer Treatment Program

The Summer Treatment Program (STP) is an eight-week treatment program run by Judge Baker Children’s Center for children age 6-12 who have ADHD and other disruptive behavior disorders. The program provides academics, computer-learning, art, and sports while utilizing behavioral strategies and individualized plans to improve behaviors.

The behavioral treatments used in the STP are “best practices” (evidence-based treatments) that have been proven to make a significant difference in children with ADHD and behavioral challenges. The STP helps children develop social skills, follow through with instructions, complete tasks, and improve self-esteem in a fun, camp-like environment.

The STP was piloted at the Baker in 2008 and served 11 children. In 2009, the program expanded to include 22 children. Over the last two summers, STP at the Baker has achieved significant, even dramatic, improvements in behavior by the children served. These improvements have been consistently documented by parents and teachers in areas such as rule-following, classroom productivity, sports skills, and self-esteem.

In addition to providing clinical treatment and follow-up recommendations to families and schools, one of the goals of the STP is to conduct research on the treatment of ADHD and other disruptive behavior disorders. One recently-conducted study was a within-group investigation of the relative effectiveness of two different “social reinforcement” (praise) schedules. In addition, the STP recently began an investigation into a friendship intervention.

Child STEPs Clinic Treatment Project

Over the past five years, John Weisz, Judge Baker Children’s Center President and CEO and a leading researcher in best practices in mental health for children and families, has been developing a treatment model called Child STEPs.

Much of the work has been with a national network of child mental health researchers supported by a grant from the John D. and Catherine T. MacArthur Foundation. Dr. Weisz is the Principal Investigator for this research team, and under his leadership they have developed a modular cognitive behavioral treatment method incorporating the best current treatment research—a leading-edge model for the treatment of conduct problems, depression and anxiety in youth. Accompanying this treatment approach is an easy-to-use, Web-based outcome tracking system, which gives clinicians rapid feedback on the effectiveness of their treatment decisions. Extensive clinical research using randomized clinical trials has been conducted, and initial outcomes are very promising.

The Child STEPs Clinic Treatment Project—Maine is an extension of the Child STEPs Clinic Treatment Project. Funding for this project has come from the MacArthur Foundation, Annie E. Casey Foundation, and Casey Family Programs.

The Clinic Treatment Project—Maine examines the impact of clinicians’ use of Child STEPs. The project focuses on youth aged 6-15 who are referred for services through the child welfare system to community-based mental health clinics in various cities in Maine for conduct problems, depression, anxiety, post-traumatic stress, or any combination of these. Outcome assessments are carried out at pre-treatment, quarterly, and at immediate post-treatment. Assessments include measures of individual youth problems and disorders, youth and parent perceptions of treatment satisfaction, school achievement and behavior, and quality and ongoing use of additional mental health services. Feedback has been extremely positive, both from client families and from clinicians.

Manville School

The Manville School was established in 1957 as a therapeutic day school for children who experience emotional, behavioral, neurological, or learning difficulties that prevent them from being successful in a traditional school setting.

The Manville School is dedicated to improving the lives of children, and their families, struggling with emotional, behavioral and mental health issues. These children face a future filled with challenges. Anxieties can cripple them, their anger can boil into rage over seemingly minor issues, and depression can contain them in a world from which they can not break free. The Manville School teaches these children the valuable skills they need to cope with whatever their lives may hold. They learn how to be successful in the classroom, how to build and maintain peer relationships and how to better understand and manage their personal challenges. The goal at Manville is to help these children gain the confidence, knowledge and courage that will help them continue to be successful as they move on to the next chapter of their lives.

CHANGING FUTURES

“I didn’t think I could have come this far and been able to enjoy this success. I thank everyone at Manville for enabling me to be the best I can be.”

-2009 Manville Graduate
Agency leaders created the Association to support the development and implementation of effective child welfare policy and practice through cross-systems learning. The Association’s work is grounded in the position that developing competent services for children and families requires sharing information, discussing mutual concerns, and learning from each other’s experience with past and current policy and practice implementation.

LOOKING TOWARD THE FUTURE

The Breakthrough Series Collaborative (BSC) on Safety and Risk Assessments is a project of the New England Association of Child Welfare Commissioners and Directors (NEACWCD) along with Casey Family Programs. This project is being implemented in New England to improve safety and risk assessments in the child welfare system and thus improve outcomes for children and families served by member agencies.

The BSC uses a quality improvement process that is centered around small-scale, rapid tests of change that are reflective of NEACWCD’s mission to develop effective and current policy and practice implementation.

The Child-at-Risk Hotline functions to:

- Take reports of child abuse and neglect
- Initiate emergency responses by social workers for reports and situations where children are at imminent risk
- Handle situations involving children in DCF custody
- Provide information and referrals to callers

ENSURING SAFE FUTURES

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PROTECTING FUTURES

Children are easily influenced by what they see on television and hear on the radio. This is an era when ads and promotions target children as young as pre-school age. Early on children begin to pressure their parents that they simply must have a particular product. Teens, especially females, are bombarded with images projecting perfect body types, must-have clothing styles, and levels of behavior often times unsuitable for their age. These advertisements are difficult enough to process when they target adults, but when they target children is when the Media Center intervenes.

The Media Center seeks to protect children from the sometimes harmful influences of the media. The Center has created a variety of community initiatives designed to stop the commercial exploitation of children and to promote healthy living and personal empowerment.

The Media Center is an advocate for children and adolescents, working to protect them from harmful or inappropriate messaging within media advertisements, television programs, and other marketing techniques. The Campaign for a Commercial Free Childhood (CCFC) works to empower parents to protect their children from inappropriate marketing and messaging. CCFC encourages parents to take an active role in their children’s lives and allow their children to engage in free play, creative thinking and all the other special moments of childhood.

The Media Center encompasses two main programs: Campaign for a Commercial Free Childhood and the Camille Cosby Girls Program.

Campaign for a Commercial Free Childhood is a national coalition of health care professionals, educators, advocacy groups and concerned parents who counter the harmful effects of marketing to children through action, advocacy, education, research, and collaboration.

Camille Cosby Girls Program hosts community events for Boston area girls ages 11-14. These programs focus on the importance of writing, self-expression and creative thinking for healthy development.

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Research/Training Overview

CHILD LANGUAGE AND DEVELOPMENTAL PSYCHOPATHOLOGY

(Funded by the National Institute of Mental Health [NIMH])
Principal Investigator: Claudio O. Toppelberg, MD
The Child Language & Developmental Psychopathology Project is studying the relations of language development and mental health in childhood, particularly in English-language-learning children. Most English language learners are U.S.-born children of immigrant parents, a rapidly growing segment of the U.S. child population. Approximately 20% of American children are children of immigrant parents. We are interested in these children’s emotional and behavioral lives with a focus on how they influence and are influenced by their language development. The studies conducted have been based in clinics in Cambridge, Mass., and in 16 elementary public schools in Boston. Our studies also include cognitive, social and school factors, and the role of psychosocial and biological stress, in the context of other risk and protective factors. Our approach is trying to disentangle the specific impact of normal and abnormal language development on the lives of these New American children.

CHILD SYSTEM AND TREATMENT ENHANCEMENT PROJECTS [CHILD STEPS]
(A program of the Network on Youth Mental Health, funded by the John D. and Catherine T. MacArthur Foundation)
Network Director: John R. Weisz, Ph.D., ABPP
In youth mental health care, the gap between science and practice is wide and long-standing. Innovative treatments that have been shown to work in clinical trials tend to be used only in additional clinical trials, not in clinical practice. This network and its projects are directed toward bridging the science-practice gap and bringing beneficial treatment practices to youth in mental health service settings.

LEVERAGING SCIENTIFIC KNOWLEDGE TO ENHANCE THE DELIVERY OF EFFECTIVE MENTAL HEALTH SERVICES FOR CHILDREN
(Funded by the Norlien Foundation)
Principal Investigator: John R. Weisz, Ph.D., ABPP
Efforts to bring tested and proven treatments for child mental health problems into everyday clinical practice are hampered by: (a) a lack of information on what treatments have been tested and shown to work, and (b) the underutilization of some of these treatments that have grown out of research. To address these problems, this project will include a meta-analysis of the outcome research findings on interventions for children, and testing of assessment and intervention procedures designed to be streamlined, efficient, and thus well-suited for use in everyday clinical care of children.

PATHS OVER TIME AND ACROSS GENERATIONS PROJECT

Founding Principal Investigator: Stuart T. Hauser, MD, Ph.D.
Principal Investigator: Judith A. Crowell, MD
Co-Investigators: Eric Dearing, Ph.D., Brian Gibbs, Ph.D. and Christos Mantzoros, MD
Project Director: Dorothy E. Warren, Ph.D.
This longitudinal study began in 1978 examines paths to midlife adaptation, based on self-report, interviews and observations of participants and their families, beginning when they were adolescents. Half of our participants have been intensively studied with their families for the past 31 years; the other half of our sample is a new cohort of demographically-matched participants from African-American and Caribbean-American communities in Boston, which we are recruiting through community-based participatory research methods. In our current phase, we are collaborating with the Beth Israel Deaconess Medical Center to study the ways in which aspects of mental health, relationships and experiences with adversity—including racial discrimination—influence physical health in midlife. We have also studied our participants’ children from infancy through adolescence.

PREVENTION OF DEPRESSION PROJECT

Principal Investigators: William R. Beardslee, MD and Tracy R. G. Glodstone, Ph.D.
Project Director: Phyllis Rottenberg, LICSW
Part of a national multi-site study, this research examines the effectiveness of a group cognitive-behavioral prevention program that provides strategies to deal with stress and avoid depression to adolescents (ages 13-17) with a family history of depression. As part of the project, small groups of teens attend ed eight weekly sessions and six monthly follow-up sessions run by a clinician, where they learned classic cognitive-behavioral skills to cope with typical adolescent pressures and tensions unique to growing up with a depressed parent. Additional funding has just been secured to follow these same adolescents across the transition to young adulthood, to determine the long-term effects of participating in this prevention program.

PREVENTIVE INTERVENTION PROJECT

Director: William R. Beardslee, MD
The Preventive Intervention Project was originally designed to examine the efficacy of two forms of cognitive, psychoeducational, preventive intervention: clinician-facilitated and lecture discussion group interventions. The project targeted families in which one or both parents had experienced serious affective disorder, and in which there were children in the nine- to-14-year age range who were not acutely ill. Overall, both interventions were found to have long-term positive effects, but the clinician-facilitated intervention was associated with more positive change in parents and in children. Recently, the original clinician-facilitated intervention program has been adapted for new settings and populations locally, nationally and internationally. Current efforts are underway to adapt the revised clinician-facilitated intervention (i.e., FamilyTalk) for use on the Internet.

TEACHING MIDDLE-SCHOOL YOUTH COPING SKILLS FOR DEPRESSION: A SCHOOL-BASED INTERVENTION STUDY
(Funded by the National Institute of Mental Health [NIMH])
Principal Investigator: John R. Weisz, Ph.D., ABPP
Project Directors: Dikla Eckshtain, Ph.D. and Sarah Kate Bearman, Ph.D.
Youth depression is a serious condition that causes genuine impairment and is an archnemy of school performance. It undermines concentration on coursework, zaps the energy and motivation needed to do homework, causes significant school absenteeism, and threatens the social connections boys and girls need for emotional wellbeing. Rates of depression increase sharply following puberty, highlighting the public health significance of treatment in early adolescence. Thus, the middle school years may be an ideal time to help boys and girls build coping skills to ward off depression. Our long-term goal is to develop and refine treatment for youth depression that is effective and deployable in a variety of youth settings. Here we focus on the setting in which evidence suggests that depression may be most likely to be detected and in which a great deal of everyday youth mental health care occurs: the school.
In this clinical trial, 6th and 7th graders who show significant levels of depressive symptoms and those who meet criteria for a depressive disorder are randomly assigned to the two conditions (PASCET or Counselor Intervention), matched for group format and treatment dose. All treatment takes place in the middle schools. We assess levels of depression and other outcomes immediately after the end of treatment, and again at a one-year follow-up, to assess the long-term holding power of the effects.

THE LEGACY OF CHILDHOOD MALNUTRITION: EFFECTS ON BEHAVIOR AND HEALTH

Principal Investigator: Janina R. Galler, MD
Co-Pi’s: Cyrilene Bryce, MD, and Deborah Waber, Ph.D. (Human Studies)
Co-Pi’s: David Molker, Ph.D., Peter Morgane, Ph.D., Douglas Rosene, Ph.D. and Jill McGeaughy, Ph.D. (Animal Studies)
Research Coordinator: Sehar Mahmood
Malnutrition affects nearly half of all children under five years of age who live in developing countries around the world and one in eight children living in the impoverished inner cities and rural areas of the United States. Childhood malnutrition harms the development of a child’s body and mind, threatening the ability to grow into an adult who can learn and earn enough to break the cycle of poverty that perpetuates this condition. Despite its prevalence, we do not yet know enough about which children are likely to suffer most, what contributes to resilience and the best ways of intervening to reverse the long-term effects of childhood malnutrition on growth and development. This research can help to formulate effective public policy recommendations. Dr. Galler conducts a 40-year life-span study of the effects of childhood malnutrition in Barbados on adult survivors and their offspring. She has parallel studies of prenatal malnutrition using animal models in which she studies behavioral and brain development.

THE STUART T. HAUSER RESEARCH TRAINING PROGRAM IN BIOLOGICAL AND SOCIAL PSYCHIATRY

Founding Directors: Stuart T. Hauser, MD, Ph.D. and Robert W. McCrary, MD
Principal Investigator: Martha E. Shenton, Ph.D.
Co-directors: Martha E. Shenton, Ph.D., Robert W. McCrary, MD, Robert W. McCrary, MD
Program Coordinator: Rebecca Good
The Clinical Research Training Program (CRTIP), originally founded by legendary scientist Stuart T. Hauser, MD, Ph.D., has been in operation for 30 years. It is distinguished by its commitment to diversity, interdisciplinary training, including that of outstanding students drawn from a spectrum of sciences relevant to clinical psychiatry research. Student fields range from basic biological brain research, to family studies, to longitudinal developmental studies of psychopathology and resilience.

CHILD MENTAL HEALTH FORUM

Director: Claudio O. Toppelberg, MD
The Baker’s Child Mental Health Forum (CMHF) is a unique offering of academic lectures that focus on child mental health from many different perspectives. It is a monthly series of lectures featuring experts in the field of children’s mental health who present on a variety of subjects, including psychiatry, psychology, social services, and pediatrics.
The Prevention of Depression Study

Depressive Illness is one of the leading causes of morbidity and mortality in the world today and places a profound economic burden on society.

Youth depression is quite common and is associated with negative long-term consequences including impairment in school, work, and interpersonal relationships; substance abuse and suicide attempts. Most cases of recurrent adult depression have their roots in adolescence, and early onset depression is associated with a chronic, episodic course of illness. Risk factors for youth depression include adverse family environments, stressful life events, traumatic experiences, being female, living in poverty, low social support, ineffective coping, negative body image, and a negative cognitive style. However, the strongest risk factor for the development of depression is having a parent with depressive illness. Children of depressed parents are at increased risk for depression and for a range of internalizing and externalizing disorders, including depression.

Preventive treatments may be the key to decreasing the burden of adolescent and adult depression on society and may be both more cost-effective and less distressing than waiting for the condition to appear and then trying to treat a full depressive episode.

The Prevention of Depression (POD) research project, also known as Teen Achieving Mastery over Stress (TEAM5), was developed to prevent the onset of Major Depressive Disorder in adolescents who are at risk for illness because they have a depressed parent, and because they themselves have struggled with depressive symptoms and/or disorder. This is a four-site effectiveness study, funded by the National Institutes of Mental Health (NIMH). The Boston research site is housed here at Judge Baker Children’s Center, led by Principal Investigators William Beardslee and Tracy Gladstone. In the original study, across sites, investigators enrolled 316 at-risk adolescents (mean age 14.8, 58.5% female, 24.7% members of an ethnic or racial minority group), randomized them into either a cognitive-behavioral group prevention program (CBP) or usual care (TAU), and assessed them for psychopathology over time.

Results through the eight-month follow-up indicated a significant prevention effect of the Cognitive–Behavioral Program. That is, 32.7% of the teens in the control group experienced a probable episode of depression during the follow-up interval, versus only 21.4% of the teens in the CBP. Results also indicated the presence of a significant moderator: current parental depression. Investigators found that teens who were assigned to the CBP and whose parents were not currently depressed had a much lower risk for depression in the interval than did teens in any other group. Data suggests that participating in a cognitive-behavioral intervention program may significantly reduce the incidence of depressive episodes in teens, but that current parental depression may well hamper the effects of prevention programs.

This year, Beardslee and Gladstone have received additional funding from NIMH to conduct a follow-up of their original POD sample during the transition to early adulthood. The aims of this new study are to: (1) study the longer-term impact of CBP on preventing depression during the critical developmental transition to early adulthood, a period of multiple new life challenges and stressors; (2) examine biological and psychosocial moderators of intervention response; (3) examine the broader impact of the CBP program on sequelae of depression, including other mental and medical health problems and health risk behaviors; and (4) examine the longer-term economic benefits of preventing or delaying the onset of mood disorders in adolescence. This new study will involve re-contacting the original POD sample for one final assessment during emerging adulthood, and also gathering interview, biological and self-report data from relatives. Data collection is currently underway.

Academic Appointments & Professional Activities

William R. Beardslee, MD
• Continues to serve on the Carter Center Mental Health Task Force and on the Board of Mental Health America
• Served on two committees of the Institute of Medicine in 2009: The Committee on the Prevention of Mental Disorders and Substance Abuse Among Children, Youth and Young Adults; and on the Committee on Depression, Parenting Practices and the Healthy Development of Young Children
• Chaired the American Psychiatric Association’s Committee on Prevention

Sarah Kate Bearman, Ph.D.
• Appointed Research Scientist for Judge Baker Children’s Center

Alvin F. Poussaint, MD
• Member of the Advisory Board, Alliance of Civilizations Media Fund, non-profit consortium working in partnership with the United Nations

Julie Sweeney
Springwater, MSW
• Elected Chair of the Board for Child Welfare League of America in April 09
• Serves as a member of the Advisory Board to Casey Family Services, the direct service arm of the Annie E. Casey Foundation.

Claudio O. Toppelberg, MD
• Member, Diversity & Culture Committee, American Academy of Child & Adolescent Psychiatry
• Member, Harvard Initiative on Global Health, Mental Health Workgroup,

Awards & Honors

William R. Beardslee, MD
Outstanding Psychiatrist Award for Research for the Massachusetts Psychiatric Association

Sarah Kate Bearman, Ph.D.
New funding from the NIMH K99/R00 grant for “Practice Based Evidence: Enhancing the Evidence Base for Adolescent Depression”

Janina R. Galler, MD
An NIMH grant, entitled “Malnutrition and Mental Health,” supporting the adult follow-up of the Barbados Nutrition Study, has been funded.

Dr. Galler has been invited to edit a special volume of Nutritional Neurosciences: Evidence: Enhancing the Evidence Base for Adolescent Depression”

John R. Weisz, MD, ABPP
Third Lantern Award, Rotary Club of Boston, 2009
William Beardslee, MD

Sarah Kate Bearman, Ph.D.

Sarah Kate Bearman, Ph.D. and John Weisz, Ph.D., ABPP

Janina Galler, MD

Sue Linn, Ed.D.

John R. Weisz, Ph.D., ABPP

Alvin F. Poussaint, MD


Alumni Feature

MARTIN J. DRELL, MD
1975-1977

As an alumnus, Dr. Martin J. Drell has traveled on an incredible journey since his days spent training at Judge Baker Children’s Center. Currently the Head of Infant, Child, and Adolescent Psychiatry at Louisiana State University Health Sciences Center, he first worked directly with children during his medical school elective at the Baker in 1975. After completing his training, Dr. Drell relocated to Houston, Texas to work at an outpatient child psychiatry clinic at Baylor College of Medicine. While at Baylor, he assumed a number of positions including Acting Head of Child Psychiatry.

In 1987, Dr. Drell headed to New Orleans becoming Head of Infant, Child and Adolescent Psychiatry at the Louisiana State University School of Medicine. In this position, he restarted the Child Division and its training program. In 1991, when the State of Louisiana looked to implement a continuum of care shaped by the CASSP* model, Dr. Drell was appointed Clinical Director of NOAH (New Orleans Adolescent Hospital). He spent 18 years in this position enhancing the Hospital’s services in the community.

Tragically, Hurricane Katrina struck Louisiana in August of 2005, forever changing the city and its people. NOAH was forced to evacuate to East Louisiana State Hospital in October of 2005. After Katrina, Dr. Drell helped introduce NOAH’s mobile mental health clinic in an effort to make mental health services easier to access, especially for those children and adults dealing with post-traumatic stress disorder and depression. Although mental health services are needed more than ever in New Orleans, the current recession and state budget cuts led to the closure of NOAH on August 31, 2009.

Along with his duties as Head of Child Psychiatry at LSU, Dr. Drell currently manages child and adolescent outpatient services at the Psychiatry Department’s Behavioral Sciences Center (BSC) and is a consultant to the Louisiana State Office of Mental Health. Part of this consultation work is to improve mental health services to children and adolescents in the juvenile justice system returning Dr. Drell to his roots in forensics at the Baker, working with Dr. Donald Haynes Russell and the Boston Juvenile Court.

Dr. Drell received his BA in English from the University of Illinois - Urbana-Champaign in 1970 and earned his medical degree at the University of Illinois School of Medicine in 1975-1977. In October of 2009, Dr. Drell was installed as President-elect of American Academy of Child and Adolescent Psychiatry. He has previously served as President of the Society of Profes-

* CASSP (Child and Adolescent Service System Program), influenced by Ira Louie, MD, also an alumnus of Judge Baker Children’s Center (1971-73)

Financial Summary

Fiscal Year 2009

INCOME

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition</td>
<td>$6,075,923</td>
</tr>
<tr>
<td>Contract Income</td>
<td>2,841,490</td>
</tr>
<tr>
<td>Federal Research and Foundation Grants</td>
<td>2,211,079</td>
</tr>
<tr>
<td>Contributions, Trusts, Bequests &amp; Special Events</td>
<td>651,434</td>
</tr>
<tr>
<td>Other</td>
<td>396,663</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td><strong>$12,176,589</strong></td>
</tr>
</tbody>
</table>

EXPENSES

<table>
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</thead>
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</tr>
</tbody>
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NON-OPERATING EXPENSES

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Utilization of Board Approved Spending Rule</td>
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<tr>
<td>Investment and Interest Income</td>
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<tr>
<td>Investment Expenses</td>
<td>(51,039)</td>
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<tr>
<td>Net Unrealized Gains/(Losses) on investments</td>
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</tr>
<tr>
<td>Net Realized Gains/(Losses) on investments</td>
<td>(1,948,178)</td>
</tr>
<tr>
<td><strong>Total Non-Operating Expenses</strong></td>
<td><strong>($4,559,883)</strong></td>
</tr>
</tbody>
</table>

Change in Net Assets                             | $5,068,780 |
Net Assets at Beginning of Year                   | $36,783,798 |
Net Assets at End of Year                         | $30,715,008 |
Honoring a Friend

Thomas Scanlon, Vice President of Human Resources at The Okonite Company, a wire and cable manufacturing company headquartered in Ramsey, New Jersey, has a special relationship with Judge Baker Children’s Center. His friend, Mark Williams, was a Counselor at the Baker’s Manville School. Tom and Mark became friends when Mark was in college in Rhode Island. Their friendship continued as Mark moved to New Jersey and then made his way to Massachusetts to work at the Manville School. Sadly, in November 1998 Mark passed away from Non-Hodgkin’s Lymphoma. He was only 37 years old when he died.

After Mark’s passing, Tom and the Williams family collected memorial donations for Judge Baker Children’s Center in Mark’s honor. “He had a wonderful opportunity with the Baker, and we couldn’t think of a better way to honor Mark than to give back to the organization that gave him happiness,” said Tom. For the past 11 years, Tom has continued to make a generous donation to the Baker in Mark’s honor. These donations come at the same time every year, right around Mark’s birthday.

Mark Williams’ memory will always live on with his friends and family, and in a unique way with the Manville School. Each year at Manville’s graduation an award is presented in Mark’s name, The Mark Williams Award for Tolerance. This award is given to an upper school student who interacts with others in a manner which reflects a sense of respect for himself/herself and others as well as an appreciation for each person as an individual despite their differences. Mark is described in this award as, “a counselor who demonstrated respect, caring, and cultural pride which he shared with all members of the school community.” It is clear that Mark’s presence made an impact on Manville and now his memory will continue to live on through future Manville students.

This past spring, Tom Scanlon and Mark’s sister, Deborha were able to attend the Baker’s Presidential Reception and Open House. They took this opportunity to see the organization where Mark spent his days. Although it was not the actual facility where Mark worked (the Baker moved to its new location in 2004), they were able to understand the Baker, and feel the power of the programs, staff, and children. “This was a great experience for us,” stated Tom. “These young people have such poise, and the entire evening was both touching and informative.”

For Tom, being a donor to Judge Baker Children’s Center is a way for him to recognize his dear friend and celebrate his birthday. “This is my way to remember Mark. Hopefully it will help further the cause of the Baker. This really is a remarkable place.” The Baker is proud to have such a loyal supporter as Mr. Thomas Scanlon.

Mark Williams in his Manville School classroom, dressed up to teach a lesson on culture

As a non-profit organization, Judge Baker Children’s Center relies on the support of corporations and individuals to raise necessary funding. For the past four years, Federal Street Advisors, a wealth advisory firm located in Boston’s Financial District, has contributed to the success of the Baker’s annual golf tournament as a Corporate Sponsor. This level of sponsorship is essential to the success of any fundraising effort. It is also an opportunity for corporations to provide philanthropic assistance through a special interest event.

Included as part of their sponsorship for the Baker’s golf tournament, Federal Street Advisors sends eight employees to enjoy the tournament first hand. “Our staff that participate in this tournament have had nothing but wonderful things to say. They enjoy themselves every year and rave about the golf courses they get to play. They are also moved by the stories of children the Baker has helped, and this makes them want to participate again the following year,” said John LaPann, President and Founder of Federal Street Advisors.

“We believe strongly in the Baker’s mission, which is in line with the values of the firm, so support is a no-brainer,” LaPann commented. The Baker stays in touch with Federal Street Advisors throughout the year, keeping them informed of important happenings and news updates. “The ongoing work that the Baker does for children and their families is comprehensive and highly effective. This has remained the motivation for Federal Street’s continued support.”

As a corporate sponsor, it is important to know that your contributions are making a difference. For Federal Street Advisors, the understanding that their help is making an impact is what brings them back year after year. “We are aware of the severe shortage of quality mental health services for children, and feel it is important to support good organizations like Judge Baker Children’s Center,” stated LaPann. “Our support has been in place for several years and we expect it will continue to be there in the future.”

In fiscal year 2009, the Cadillac Invitational Golf Tournament to support Judge Baker Children’s Center raised $77,550 thanks to the help of individual donors and corporate sponsors like Federal Street Advisors.

Founded in 1991 and headquartered at 50 Federal Street in Boston, Federal Street Advisors has 30 individual donors and corporate sponsors like Federal Street Advisors, 16 of which are foundations and non-profits. The firm delivers comprehensive investment consulting and financial planning advice to a select group of foundations and wealthy individuals and families. They are a fee-only firm that is unique in offering institutional depth with customization and flexibility, and a sole focus on what is best for the client.

Judge Baker Children’s Center is grateful to have the continued support of Federal Street Advisors as a loyal corporate donor.
Media Center/Campaign for a Commercial-Free Childhood Donors

The following list includes supporters of the Media Center and the Campaign for a Commercial-Free Childhood (CCFC), between July 1, 2008 and June 30, 2009. We extend special thanks to our numerous donors who have provided their support online through the CCFC website. Due to space constraints not all donors are listed below. For a complete listing of Media Center and CCFC donors in fiscal year 2009, please visit www.jbcc.harvard.edu/advocacy/mediacenter.htm.

Peter C. Cheng
Dr. Camille G. Cosby
Jeanette Cosby
Michael Couzens
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Dads and Daughters
Matthew Damon
Lisa J. Dayton
Dawn Daniel, MD
Richard and Carol Daynard
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DemocracyAction.org
Margaret A. Drew
Susan T. Dromey-Heater
Eric Evard
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Sharon Schnall and R. Drew Sellers
Donald Shifrin
Patricia Shimokawa
Michela R. Simon
Courtney B. Snyder
Mary B. Stitt
Eric and Emily Strong
Lucy B. Stroock
Sheryl and Eric Sullivan
Kathryn M. Tama
Leora Tec
Carolyn Thall
The Laflag Foundation
The Nathan Cummings Foundation, Inc.
The Play Store, Inc.
Dr. Warren D. Rosen
Robert and Sharon Ramos
The Rhode Island Foundation
Dr. Warren D. Rosen
John Saylor
Steve and Stacey Simons
David and Kathy Smith
Michael Sorenson
David M. Spears & Family
Marijana Tnothy and Andrew R. Knowland, Jr.
William J. Waters
Ruth and Peter Wirts Stiftung
Elizabeth Zwick

The Manville School Donors

On April 2, 2009, the Baker hosted its first ever “Presidential Reception” and welcomed 110 guests. The theme for the evening was “A Shower of Thanks” as the Baker took the time to thank the many generous donors who have supported us throughout the years. The following is a listing of all those who assisted in sponsoring the event:

Bee Incident Partners LLC
Brookline Bank
Children’s Hospital Boston
Disque and Carol Deane
Eastern Bank
Jim and Caecilia Rappaport
Henry Schniewind

Families

The Laflag Foundation
The Leonard & Hilda Kaplan Charitable Foundation
The Martin Salomon Morton and Gustel Schreiber Morton Foundation
The Nathan Cummings Foundation, Inc.
The Rhode Island Foundation
TRUSTS AND ESTATES
G. Corham Peters Trust
Olive W. Mink Estate

Foundations

Judge Baker Children’s Center thanks the following Foundations, Trusts and Estates for their support during fiscal year 2009.

FOUNDATIONS

Annie E. Casey Foundation
Anonymous
Carl and Ruth Shapiro
Family Foundation
Casey Family Services
John D. & Catherine T. MacArthur Foundation
John Leopold Well & Geraldine R. Weil Foundation
Kenwood Foundation
Klarman Family Foundation
LHSHM Foundation
Paul and Elaine Chernksy Charitable Foundation
Rodman Ride for Kids
Ruth and Peter Wirts Stiftung
The Boston Foundation
The Clayton F. & Ruth L. Hawkridge Foundation
The Frank M. Barnard Foundation, Inc.
The Hanover Insurance Group Foundation, Inc.

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Brookline Bank
Children’s Hospital Boston
Disque and Carol Deane
Eastern Bank
Jim and Caecilia Rappaport
Henry Schniewind
Fourth Annual Cadillac Invitational Tournament

On June 15, 2009, the Baker hosted its fourth annual Cadillac Invitational Tournament. Braving intermittent showers, 120 golfers headed out to play eighteen holes as part of their commitment to helping the children of Judge Baker Children’s Center. As a reward, the winners received an invitation to play in the Cadillac National Tournament at TPC Sawgrass in Ponta Vedra Beach, Florida.

Jay Webber, of Tofias, PC, stepped up for his fourth consecutive year as chairman of the tournament planning committee. Jay continues to build on the past successes of this tournament by adding to the growing committee as well as expanding the participation opportunities to encourage a wider range of corporate support. He has made possible the very strong foundation upon which this tournament has been built.

The Baker is grateful to have Jay on our team not only as the tournament chair but also as a member of our Board of Trustees! We thank him for his dedication to the mission and the success of the Baker.

The following is a listing of all those who participated in our fourth Cadillac Invitational Tournament:

TOURNAMENT PLANNING COMMITTEE
Jay L. Webber
Committee Chair
Tina Sherwood
Ranfac Corp.

PLAYERS
James Adelman
Bob Adler
Neil P. Arkuss
Peter Barrett
Steve Bastoni
Tom Bastoni
Paul Beaulieu
David Bennett
Ray Bissinette
Robert Donohoe
Hazel Dreyer
Nad Dublo
Andrew East
Todd Eisenberg
Thomas Etting
Wayne Engle
Mark Evans
Todd Finard
Al Fine
Jim Fitzgerald
David Fixler

BIRDIE SPONSOR
Richard and Elizabeth Blankstein

PAR SPONSORS
Boston Business Printing
Richard and Patricia Leggat
Karen O’Rourke
Robert and Sharon Ramos

CHIP SPONSORS
David and Roberta Sullivan
Rose Dairy Foods, Inc.

DONATIONS
Prince Lobel Glovsky & Tye LLP

LIVE AUCTION
Robert Adler
Ray Bissinette
Thomas Bodine
David Fixler
Mark M. Horgan
Janine McWilliams
Richard A. Renwick
John Young

THREE SOME WITH TEE & GREEN SPONSORSHIP
Thomas R. Bastoni
Beacon Equity Partners LLC
CBIZ Tofias
CRICO/RIM
Kathryn E. Cade and
Frederick T. Miller

CORPORATE SPONSORS
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Boston Private Bank
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FOURSOMES WITH TEE & GREEN SPONSORSHIP
Thomas R. Bastoni
Beacon Equity Partners LLC
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CRICO/RIM

CORPORATE SPONSORS
CBIZ Tofias
CRICO/RIM
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Frederick T. Miller

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Lawrence M. Kaplan
Matson Driscoll & Damico LLP
James Prince
Rainfas Corp.
Tina L. Sherwood
Claire and Jeff Stern
Smith Barney

TEE OR GREEN SPONSORS
Richard K. Bandetoson
William G. Finard

EAGLE SPONSORS
Donnie Brauerstein
T. Edmund Daly and
Karen Lieberman-Daly
Lenny and Nancy McAlister
International Association of Ironworkers Local 7

GIVING
$86,000 and had rider representation in every Ride and solicit sponsorship support. Each children’s charity affiliated with the event has fundraising as this non-competitive bike tour in Massachusetts. The primary source of children’s related social service agencies Rodman Ride for Kids. The Rodman Ride On October 4, 2008, Judge Baker Children’s Foundation, Inc. Yaropoulos Unterberg Service Co., Inc. Winchester Mechanical Service Co., Inc., Yaropoulos Unterberg Foundation, Inc.

CORPORATE SUPPORTERS

BUSINESS & COMMUNITY SUPPORTERS

RIDERS & DONORS
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Deborah L. Anderson
Emily Anthony
Antoinette Arnold
Sensibility Arnold
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Steve Ashcraft
June Atkind
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Mandy Bebee
James Belkovec
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Carole Brand
Samantha Breslin
Phillips and Martha Brooks
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Geraldine Hull
Richard Hynes
Angy Ingalls
Paul Janowsky
Howie and Gail Jehan
Nicole Jarome
Tereena Joyce
Karen Karas
Barb Karson
Robert Kean
Kristen Kelley
Ralph’s Restaurant
Ralph and Billie’s
Ralph and Donnie’s
Ralph and Terry’s
Ralph’s Tavern
Ralph’s Tavern
Ralph’s Tavern
Ralph’s Tavern
Ralph’s Tavern
Rebecca Evans
Sara Evans
Sarah Fink
Elizabeth Fitzsimons
Kathleen H. and Cheryl Fust
Julie A. Fahlberg
Sheila Fahlberg
Lori Flowers
William E. Frenzel
Erica Fregger
Lorraine Galesh-Kidlow
Janina R. Gallner, MD
Francine Galar
John Gantz
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Barb Karson
Robert Kean
Kristen Kelley
Mark Kelley
Shannon Kelley
Chas and June Kercher
Roger and Mary Killiaha
Karen King
Kathleen A. King
Mary Killiaha
Louis Kingbury
James Klinger
Karen Koltov
An Agar
Elliot and Marge Krieger
Frederick Kruco
Ronald Kruck
Ashley Labriere
Stacy Landau
Kathleen Lang
Judy Landigford
Jenna Laniochello
Cynthia Lawson
Thomas Lavender
David and Nancy Leblanc
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Sharon Levine
Mary Lewis Sheehan
Christel Libanben
Miroslav Lipa
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Kovacs and Linda Luke
Richard and Donna Lupatino
Allison D. Mack
Heike M. Macht
Jacqueline Maas
Elizabeth Mandell
Joseph Marietta
Doug Margul
Justin Martin
Boo MacIsaac
Robert Mazzie
Robert and Sarah McCabe
Jean McKeen
Kevin McDonough
William McDouglas
Paul and Denise McGowan
Susan McQuinn
Bill and Anne McKeen
Robert Heldway and Elin Gribbin
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Angy Ingalls
Paul Janowsky
Howie and Gail Jehan
Nicole Jarome
Tereena Joyce
Karen Karas
Barb Karson
Robert Kean
Kristen Kelley
Samuel P. Moy
Jennifer Moyzer
M.J and Peter Murphy
Helen Mack Naib
Victor Ng
Carol Nolan
Raymond and Sharon Nolan
Peter Nordholm
John and Esther Northman
Lisa Northman
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Carolyn O’Hair
Sara Olchowski
Debra Ohlowski
Molly Onofrei
Sidney and Barbara Ostroff
Robert and Lorraine Paglia
Victor and Virginia Palazzo
Timothy J. Palminteri
Jonathon and Judy Parkhurst
Amy Parmelee
David and Nancy Leblanc
Monti and Jennifer Pascutti
Leah Pettman
Deborah Pertyrat
and David Dean
Jean B. Pratt
James and Doris Prince
John and Judy Prince
Barbara Pringle
Jon P. Quigley
Don Rasmussen
Susan Reid
Raquel Reitz
Steven and Kimberly Robb
Amy L. Roberts
Diane Robertson
Nina Rodriguez
Natalya Rose
Philip H. Rubenstein
Sara Hikman
Susa Russo Gelbatt
Robert and Susan Russo
Sally Sachter
Andy and Shelley Sage
Daniel M. Saliter
Tara Salviati
Marion Sanders
Bill Saunders
Susa McQuinn
Bill and Anne McKeen
Robert Heldway and Elin Gribbin
Gard Holluck
Michael P. Hourigan
Eleanor Housen
Howard Hustedt, Jr.
Geraldine Hull
Richard Hynes
Angy Ingalls
Paul Janowsky
Howie and Gail Jehan
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James and Doris Prince
John and Judy Prince
Barbara Pringle
Jon P. Quigley
Don Rasmussen
Susan Reid
Raquel Reitz
Steven and Kimberly Robb
Amy L. Roberts
Diane Robertson
Nina Rodriguez
Natalya Rose
Philip H. Rubenstein
Sara Hikman
Susa Russo Gelbatt
Robert and Susan Russo
Sally Sachter
Andy and Shelley Sage
Daniel M. Saliter
Tara Salviati
Marion Sanders
Bill Saunders
Susa McQuinn
Bill and Anne McKeen
GIVING
The Annual Appeal provides the Baker with the resources it needs to provide continued top quality programs and services in the field of children’s mental health. Without the generous support of our donors, we could not continue in our efforts to grow and enhance our programs. We are grateful for the sacrifices our donors make to allow these gifts to be possible. The following is a listing of all those who contributed to the fiscal year 2009 Annual Appeal and the levels at which they gave their support:

**1917 Club**
- [UP TO $999]
  - Lawrence K. Altman, MD
  - Walter and Eleanor Angoff
  - Anonymous

**CABOT GUILD**
- ($10,000 - $24,999)
  - Anonymous

**HEALY/BRONNER SOCIETY**
- ($5,000 - $9,999)
  - Beacon Equity Partners LLC
  - The Rotary Club of Boston
  - Dorothy and Stephen Weber

**HIRAM E. MANVILLE SOCIETY**
- ($3,000 - $4,999)
  - Anonymous

**GEORGE GARDNER SOCIETY**
- ($1,000 - $2,999)
  - The Boston Foundation
  - John S. and Dolores A. Driscoll

**1917 Club (UP TO $999)**
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“I know I will run into difficult spots when I leave Manville, but I know I will be able to find a resolution to them because of everything I have learned throughout my years here at Manville.” -2009 Manville Graduate