Mission Statement

Judge Baker Children’s Center promotes the best possible mental health of children through the integration of research, intervention, training and advocacy.

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President and CEO
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December 2010

Dear Friends,

Welcome to our 2010 Annual Report, “Inspiring Possibilities.” Have you ever taken a moment to think about what inspires you? What is it that makes you contemplate the future and then the steps necessary to make that future a reality? For some of us it may have been a parent, family member, coach, teacher, spiritual leader or good friend. At Judge Baker Children’s Center we are working every day to inspire the children and families who turn to us for help. Using the very best in evidence-based practices—practices with proven results that will unlock the potential of these children—we give them and their families the chance to imagine a very different future... one filled with hope, with success and with endless possibility.

You are an important partner in this inspiring work. If it were not for the loyalty and support of friends and donors like you, the Baker would not be able to undertake the research that leads to new, more effective interventions or the training that makes these practices available to clinicians in community-based programs throughout New England and beyond. Every day children are learning new skills to help them realize their dreams; and every day through your generosity you touch in a remarkable way the life of a child seeking inspiration.

The pages that follow share just a small sampling of all the incredible work taking place at the Baker. I encourage you to take the time to read through the text, look at the photos and see what a difference your support has made. As chair of the Board of Trustees, I have the honor and privilege of witnessing firsthand the impact we have, of hearing directly from the children and their families about how the Baker changed their lives and of working with my fellow trustees to shape the best possible future for the Baker and all those whom it serves.

I hope you, too, will be inspired by what you read and perhaps even learn a little bit more about Judge Baker Children’s Center. With your continued support our possibilities are unlimited!

Sincerely,

Kathryn E. Cade
Chair, Board of Trustees
Executive Summary
Fiscal Year 2010

Quite a Year!

In this highly eventful year, news stories about children underscored the importance of our mission at Judge Baker Children’s Center; and stories about the continuing national financial turmoil highlighted the fiscal strength of the Baker that makes it possible to carry out our mission. News about Phoebe Prince, whose suicide was apparently brought on by cyber-bullying, raised concern nationwide about vulnerable children facing emotional distress, and about the need for effective prevention and treatment programs. Stories about John Odgren, convicted of first degree murder after fatally stabbing a classmate, emphasized the fact that he had been diagnosed with multiple mental health disorders and stressed the need for effective intervention programs. Stories like these remind us that our work is crucial: Helping children who have serious behavioral and emotional problems and mental disorders is central to our mission, and has enormous significance for our city, our state and our nation.

In a challenging year for non-profits and for-profits alike, the Baker showed itself to be resilient, resourceful and sound.

On the fiscal front, in a challenging year for non-profits and for-profits alike, the Baker showed itself to be resilient, resourceful and sound—all for the good of the children and families we serve. In a nationwide context characterized by layoffs, salary reductions and benefit losses, the Baker remained fiscally sound, experienced no layoffs, and preserved benefits and salaries. Our loyal donors continued to support our mission, our programs and revenue sources were diversified, the Manville School had an unusually strong year, extramural research continued to grow, and we even added a new direct service clinical program that is creating a buzz in the community and sparking alumni memories of “the old Judge Baker.”

Clinical Care at Judge Baker Children’s Center.
This new program, Clinical Care, which officially opened in April 2010, provides outpatient mental health services for children throughout the greater Boston area. A distinctive feature of the new program is that it offers only evidence-based assessment and treatment services, those that have been tested scientifically and shown to be valid and effective. These services encompass children who are experiencing mental, emotional or behavioral challenges, including anxiety, depression, post-traumatic stress, disruptive behavior, and conduct problems. Friends of the Baker will know that outpatient services were dropped years ago, as the center faced institutional challenges that shifted our focus to other services and programs. More recently, we have recognized the need to return to our roots by offering outpatient services once again. In the array of mental health services in the Boston area and nationwide, our exclusive emphasis on best practices for children and families makes us a rare resource. The community is responding. Our numbers have grown each month since Clinical Care at Judge Baker Children’s Center opened its doors. For more information, please see the Baker website: www.jbcc.harvard.edu/clinicalcare.html.

Baker Special Education and Child Protection Programs. This was a terrific year, and a busy one, for our Manville School with the largest enrollment in its history. Some of this growth may be due to the impressive academic record of the school, with the most recent wave of MCAS tests for our tenth graders showing 100% pass rates in Math, Science and English/Language Arts. Consistent with this record, the most recent Manville graduates transitioned to the last stage of their secondary education, some in such premier institutions as Brookline High School and Newton North High School. The New England
Association of Child Welfare Commissioners and Directors completed the first stage of its Breakthrough Series Collaborative project, designed to develop and test new ideas for ensuring the safety of children in the child welfare system. The project—funded by Casey Family Programs—moves next to an implementation phase, putting the new ideas into practice, throughout the New England states. The Child-at-Risk Hotline has had an unusually busy year, with a large increase in calls raising concerns about child well-being and in reports filed (indicating that the concern was judged to warrant investigation). In this fiscal year, the Hotline staff fielded over 163,000 calls which led to roughly 21,000 reports, representing a 9% increase over FY2009.

New Trustees. We were delighted to welcome two new Trustees to the Board during the fiscal year. Katie Nicholson is Director of BRIGANCE® Products at Curriculum Associates, LLC. We are putting her previous experience in strategic planning to good use, relying on her wise input during this year’s strategic planning process at the Baker. Our second new Trustee is Lisa Burrows, who serves as Assistant Vice President and Director of Investments at Old Mutual Asset Management in Boston. Lisa is now an active member of the Development Committee at the Baker, helping with donor outreach and support.

Fund-raising. The Baker’s many generous friends have continued to support our mission for children and families, even during a period when many non-profits saw contributions shrink. In addition to important individual contributions from donors throughout the year, we exceeded our fund-raising goals for both the September 2009 Rodman Ride for Kids and the June 2010 Liberty Mutual Invitational Golf Tournament. Both events provided funding for children and genuinely enriching bonding experiences for our staff, our Trustees and our supporters. The golfer who won our “Golf Ireland” raffle has a special reason to remember the Golf event fondly.

Research and Extramural Support. Research on children and families continued to expand at the Baker during this fiscal year, with rapid growth in extramural funding to support this work. Baker Senior Scientist William Beardslee, MD, and Research Scientist Tracy Gladstone, Ph.D., continued their nationally prominent research on the prevention of depression. The Prevention of Depression program was implemented in countries as far away as Finland and Costa Rica. Baker Senior Scientist Janina Galler, MD, continued her groundbreaking research on the impact of malnutrition on child development and mental health, work that includes both animal models and a three-decades-long longitudinal study of children (who are now adults) in Barbados. Baker Research Scientist Claudio Toppelberg, MD, has begun a new project with the Norwegian government to study the impact—on mental health and language development—of fully funded center-based child care for children of low-income families. Baker Senior Scientist Judith Crowell, MD, and Research Scientist Dorothy Warner, Ph.D., continue their longitudinal research studying the influence of adversities and social relationships on development as people mature into midlife. Baker Research Scientist Sarah Kate Bearman, Ph.D., continued her research aimed at identifying naturally occurring interventions for youth depression that are most effective. Finally, my own research team and I continued to test the effectiveness of evidence-based interventions for anxiety, depression, traumatic stress, and conduct problems in mental health clinics, while partner investigators from the Research Network on Youth Mental Health (funded by the MacArthur Foundation) carried out parallel and complementary research.

Strategic Planning. In March 2010, we began a strategic planning process at the Baker. With the broad array of changes in national and regional policy, advances in our understanding of effective mental health care, and evolving strengths of the Baker, this seemed a good time to take stock, carry out an environmental scan, and contemplate the most effective ways our programs can make a positive difference in the lives of children. Details of the plan that emerges from this process should be available for next year’s Annual Report.

In addition to important individual contributions from donors throughout the year, we exceeded our fund-raising goals for both the September 2009 Rodman Ride for Kids, and the June 2010 Liberty Mutual Invitational Golf Tournament.

John R. Weisz, Ph.D., ABPP
President and CEO
Many children with mental or emotional health disabilities have trouble succeeding in a typical public school setting. Without a specialized program offering extra help, children may be categorized by their limitations instead of their potential. In public schools, if a child fails to understand the material or loses focus during class time, a teacher may be forced to put their efforts elsewhere due to limited resources. In this situation, children frequently become frustrated by school instead of excited by it.

Many of the children that come to the Manville School were previously in a mainstream school setting and were falling behind. For these children, school became a series of failures. As a child’s academic frustration builds, they often have more behavioral problems. Their anger and disruptive behavior can make them even more disconnected from their classmates. Once a child comes to Manville, their opinion of school tends to change. They are no longer just trying to make it through the day, now they look for ways to succeed. Manville’s extensive support staff and specialized team care for each aspect of a child’s mental health and education. The children become comfortable with the daily routine, and enjoy their individual activities like working with a reading specialist, practicing skills in the occupational therapy room or participating in sporting games.

Manville’s program works; it has been proven time and time again for the past 53 years. In June of 2010, 14 students graduated from Manville. The following excerpt was taken from the speech of a 17-year-old-graduate. “When I first came to Manville, I was angry and frustrated and didn’t know what to do with myself. As time went on, I learned how to control my anger and talk to adults about my feelings. I learned to do my work without being frustrated. I still get frustrated but now can handle it 100% better than before. I know the road is going to be tough ahead but I can use the strategies and tools I learned at Manville to my advantage.” The Manville School builds confidence in every child helping them believe the phrases, “I can” and “I will.” Manville’s guidance and support allows these students to create their own possibilities in life.
Clinical Care

In April of 2010, Judge Baker Children’s Center returned to its roots, introducing the new Clinical Care program which offers outpatient clinical services to children and adolescents. Under the leadership of Sue Woodward, Ph.D., Clinical Care Program Manager and Clinician, the program provides best practice treatments for the most prevalent of children’s emotional and behavioral challenges: anxiety disorders, youth depression, disruptive behavior and conduct problems.

The Clinical Care program offers mental health assessments and focused-short term treatments for children and adolescents, ages 4 to 17, and their families. The treatments used, called “evidence-based treatments (EBTs),” have been tested and shown to work in clinical trials. The effects of the treatments are continually monitored through ongoing assessment and feedback from children and parents. This information allows the clinician to individualize the treatment for each child.

The use of evidence-based treatments is uncommon in community mental health practices, yet is a vital path to address growing youth mental health needs. One in five children and adolescents ages 9 to 17 years experience symptoms of mental health problems that cause some level of impairment in a given year, but fewer than 20% who need mental health services receive them (CDC, 2010). Evidence-based treatments, largely cognitive-behavioral, are shown to be highly effective in treating the anxiety, depression and disruptive behaviors that are so distressing and impairing to youth and families. In fact, research has shown that 75% of children tested with evidence-based treatments did better than those in the comparison conditions (Weisz, Sandler, Dur- lak, & Anton, 2005). Clinical Care is using these proven techniques exclusively in order to deliver relief to youth and families as effectively and rapidly as possible.
The New England Association of Child Welfare Commissioners and Directors (NEACWCD) is a consortium of child welfare agency leaders and staff members from Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont. It has been a part of Judge Baker Children’s Center since 1984.

The Association was created by leaders who recognized the value of peer learning and who provided this not only for themselves but for their staff and for the broader child welfare community. Its work is grounded in the position that developing effective policies and practices that lead to positive outcomes for children and families requires sharing information, discussing mutual issues and concerns, and learning from each other’s experience with past and current policy and practice implementation. Over its 26-year history, Association leaders of the six New England public child welfare agencies have met regularly to discuss issues, problem-solve and benefit from shared learning, well before this became a concept frequently cited in popular management literature. Members meet regionally to discuss a multitude of issues such as workforce recruitment and retention, staff development, systems change, safety and risk assessment, program planning and development, team building, service delivery methods, legal and judicial matters, and evaluation.

One of the Association’s projects is the Breakthrough Series Collaborative (BSC), an innovative undertaking to improve safety and risk assessments in the child welfare system. This collaborative was made possible through a partnership of (NEACWCD) and Casey Family Programs. After two years, the BSC recently completed their team learning sessions. Twenty-two teams from the six New England states tested different ways to improve the practice of safety and risk assessment in each state. By the end of the two-year period, each state had created its own list of practices to be implemented state-wide. It will now concentrate on creating a coalition to implement the team’s practice and policy changes.

The Association also worked to create the New England Youth Coalition, which is composed of youth leaders, either currently in the foster care system or those who have experienced it. Coalition members developed four policy and practice areas on which to focus: permanency, sibling rights, education and health care. They have begun to work with the leadership of their respective states to advocate for a variety of practice and policy changes.

Both of these projects are important initiatives for the New England Association of Child Welfare Commissioners and Directors. The changes that each state is implementing will strengthen the child welfare system and in doing so improve the lives of the children and families it serves.
The Child-at-Risk Hotline at Judge Baker Children’s Center is the after hours resource for the Department of Children and Families (DCF). It has been associated with the Baker since 1982. In fiscal year 2010, the Hotline answered over 163,000 calls, which represented a 9% increase in calls over the previous fiscal year. More than 21,000 of the calls turned into official reports requiring further action.

The Child-at-Risk Hotline functions to:

• Take reports of child abuse and neglect and reports of missing children
• Initiate emergency responses by social workers for situations where children are at imminent risk
• Handle situations that involve children in the DCF custody
• Provide information and referrals to callers

The 30-member staff at the Child-at-Risk Hotline works nights, holidays and weekends. The staff is trained to assess the urgency of each call, elicit critical information and provide a sympathetic ear. In situations where children are at imminent risk, an emergency response is initiated with the DCF field staff launching the investigations. Often the Hotline staff has to involve police or emergency help while staying calm, focused and alert in the middle of the night.

In receipt of the more than 163,000 calls, the Hotline staff is there to respond to the caller and reach out on behalf of countless thousands of children who are unable to speak for themselves. These children are then given the opportunity to alter the course of their young lives and allow change to happen for the better. In a perfect world, every child would have an easy path but sadly that is not reality. However, for many of these children their future now has increased possibilities, all because someone made a call and it was answered.
Mental Health Development

Janina R. Galler, MD, studies the lifelong and intergenerational effects of childhood malnutrition in “The Legacy of Childhood Malnutrition; Effects on Growth Development and Mental Health.” This 40-year life span study examines the effects of childhood malnutrition in Barbados on adult survivors and their offspring. Dr. Galler conducts parallel studies of prenatal malnutrition using animal models, an approach that permits controlled studies of mechanisms underlying changes in behavioral and brain development. Her research shows a large increase in the prevalence of attention deficits after childhood malnutrition. The effects of malnutrition can last for several generations, even when the offspring are rehabilitated with a normal diet. The goal of the Barbados Nutrition Study is to understand and improve the adaptability and mental health of children from disadvantaged backgrounds by assessing the adverse effects of childhood malnutrition and poverty on growth, behavioral development and mental health over a lifetime and across generations. Malnutrition afflicts nearly half of all children under five years of age who live in developing countries, and one in eight children living in the impoverished inner cities and rural areas of the United States. Childhood malnutrition harms the development of a child’s body and mind, threatening the ability to grow into an adult who can learn and earn enough to break the cycle of poverty that perpetuates this condition. Dr. Galler’s research provides the scientific basis for sound public policy, not only in Barbados but in other parts of the world where child well-being and mental health is threatened by risk of malnutrition.
Effective Treatments

John R. Weisz, Ph.D., ABPP, and his team at Judge Baker Children’s Center specialize in research on and dissemination of evidence-based treatments. These are treatment methods that have been scientifically tested and shown to be effective.

In youth mental health care, the gap between science and practice is wide and long-standing. Innovative treatments that have been shown to work in clinical trials (evidence-based treatments) tend to be used mainly in additional clinical trials, not in clinical practice. Dr. Weisz, along with other researchers and post-doctoral fellows who make up the Child System and Treatment Enhancement Projects (Child STEPS) network based at the Baker, conduct research on what treatments work best for youth suffering from anxiety, depression, post-traumatic stress, and conduct problems. The research is directed toward bridging the science-practice gap and bringing beneficial evidence-based treatment practices to youths in mental health service settings. Our own Clinical Care program, which opened at the Baker in April 2010, draws upon these evidence-based treatments to provide outpatient treatment to children aged 4 to 17 who are experiencing anxiety, depression, post-traumatic stress, or disruptive conduct.

Through the research of Drs. Galler, Beardslee and Weisz, together with the research of all our other Baker investigators, Judge Baker Children’s Center helps address children’s mental health in diverse ways and at diverse points along the age range. These three Judge Baker Senior Scientists continue to make advances that support best practices in children’s mental health and development locally, regionally and in the broader global community.
Research & Training

Child Systems and Treatment Enhancement Projects (Child STEPS)
(A program of the Network on Youth and Mental Health, funded by the John D. and Catherine T. MacArthur Foundation Annie E. Casey Foundation and Casey Family Programs.)

Network Director: John R. Weisz, Ph.D., ABPP

Leveraging Scientific Knowledge to Enhance the Delivery of Effective Mental Health Services for Children
(Funded by the Norlien Foundation)

Principal Investigator: John R. Weisz, Ph.D., ABPP

Paths Over Time and Across Generations Project

Founding Principal Investigator: Stuart T. Hauser, MD, Ph.D.+ 
Principal Investigator: Judith A. Crowell, MD 
Co-Investigators: Eric Dearing, Ph.D., Brian Gibbs, Ph.D. and Christos Mantzoros, MD 
Project Director: Dorothy E. Warner, Ph.D.

Practice Based Evidence: Enhancing the Evidence Base for Adolescent Depression

Principal Investigator: Sarah Kate Bearman, Ph.D.

Prevention of Depression Project

Principal Investigators: William R. Beardslee, MD, and Tracy R. G. Gladstone, Ph.D. 
Project Director: Phyllis Rothberg, LICSW

Preventive Intervention Project

Director: William R. Beardslee, MD

Teaching Middle School Youth Coping Skills for Depression: A School-Based Intervention Study
(Funded by the National Institute of Mental Health [NIMH])

Principal Investigator: John R. Weisz, Ph.D., ABPP 
Project Directors: Dikla Eckshtain, Ph.D. and Sarah Kate Bearman, Ph.D.

The Legacy of Childhood Malnutrition: Effects on Behavior and Health

Principal Investigator: Janina R. Galler, MD 
Co-PI’s Human Studies: Cyralene Bryce, MD, and Deborah Waber, Ph.D. 
Co-PI’s Animal Studies: David Mokler, Ph.D., Peter Morgane, Ph.D., Douglas Rosene, Ph.D., and Jill McGaughy, Ph.D. 
Research Coordinator: Miriam Zichlin

The Stuart T. Hauser Research Training Program in Biological and Social Psychiatry

Founding Directors: Stuart T. Hauser, MD, Ph.D.+, and Robert W. McCarley, MD 
Principal Investigator: Martha E. Shenton, Ph.D. 
Co-Directors: Martha E. Shenton, Ph.D., Robert W. McCarley, MD, and Robert Waldinger, MD 
Program Coordinator: Rebecca Good

Child Mental Health Forum

Director: Claudio O. Toppelberg, MD

(+Deceased)
William R. Beardslee, MD

- Co-Chair, Blue Ribbon Panel, “When Parents Deploy: Understanding the Experience of Military Children and Spouses,” National Military Family Association’s Summit on Families and Deployment
- Member, Board of Directors, Mental Health America
- Member, Carter Center Mental Health Task Force

Janina R. Galler, MD

- Named Associate Editor of Nutritional Neurosciences: An International Journal.

J. Heidi Gralinski-Bakker, Ph.D.

- Served as a member of the Regulatory Committee of the Harvard Catalyst Regulatory Knowledge and Support Program, Harvard Clinical and Translation Science Center.

Anastasia Karasoulou-Vekiarides


Awards & Honors

William R. Beardslee, MD

- Life Member, American Academy of Child and Adolescent Psychiatry, 2010
- Charter Member, Board of Advocates of Jewish Family & Children’s Service
- Thirty-Five Year Service Award, Children’s Hospital Boston, 2010
- Award of Merit, Institute for Managerial and Clinical Consultation (IMACC) of the Community Mental Health Council

Janina R. Galler, MD

- Named Distinguished Lifetime Fellow by the American Psychiatric Association in May, 2010

James Prince, LICSW

- Re-elected to Board of Directors for Massachusetts Association of Approved Private Schools.

Claudio O. Toppelberg, MD

- Member, Diversity & Culture Committee, American Academy of Child & Adolescent Psychiatry
- Member, Selection Committee, Jeanne Spurlock Lecture and Award on Diversity and Culture, American Academy of Child & Adolescent Psychiatry
- Member, Harvard Initiative on Global Health, Mental Health Workgroup, Center for the Developing Child, Harvard University
- Member, Research Committee, Harvard Medical School Department of Psychiatry

Adam S. Weissman, Ph.D.

- Membership/Treasury Chair, Association for Behavioral and Cognitive Therapies (ABCT)
- Neurocognitive Therapies/Translational Research Special Interest Group (SIG)
- Executive Committee, ABCT Child & Adolescent Anxiety (SIG)

Claudio O. Toppelberg, MD

- 2010 Dissertation advisor (Successfully Defended, May 2010), Brian Collins, NYU Steinhardt School of Culture, Education, and Human Development, New York University
- Mentor, 2010 SRCLD travel award for Brian Collins, MA, doctoral candidate at NYU Steinhardt School of Culture, Education and Human Development
- Co-Investigator, Norwegian Institute of Public Health, Division of Mental Health. Research Grant from Norwegian Institute of Public Health (PI: Arnstein Mykletun; 1/2/2010–12/31/2013) “Does Center Based Child Care Improve Development in Disadvantaged Children?”
Publications

William R. Beardslee, MD


William R. Beardslee, MD

and Tracy Gladstone, Ph.D.


Sarah Kate Bearman, Ph.D.


Sarah Kate Bearman, Ph.D.

and John Weisz, Ph.D., ABPP


Janina R. Galler, MD


Alumni Feature

David B. Herzog, MD ’76-’78

Internationally renowned eating disorder expert David B. Herzog, MD has been studying and treating eating disorder patients for over 35 years. Dr. Herzog first became interested in eating disorders during his pediatrics internship at the University of Wisconsin Hospital in Madison (1973 to 1975). Dr. Herzog was perplexed by the number of young adults developing these disorders and became curious about the disease. Throughout his medical training, Dr. Herzog realized patients with eating disorders needed the help of multiple doctors to be successfully treated. For example, medical doctors were not equipped to handle the emotional factors of an eating disorder and psychiatrists found it difficult to treat a patient who was not medically stable; patients with eating disorders needed a combination of treatments.

In 1980, Dr. Herzog founded the Eating Disorders Unit at Massachusetts General Hospital, providing multidisciplinary treatment for children, adolescents and families affected by anorexia nervosa and bulimia nervosa. In 1994, Dr. Herzog established the Harvard Eating Disorders Center, which became the Harris Center at Massachusetts General Hospital (MGH) in 2005. For 30 years, Dr. Herzog and his staff have provided state-of-the-art evaluation and treatment for those afflicted by eating disorders. The Harris Center has been the foundation for ongoing research and strong research collaborations, advocacy programs and educational outreach to the community. With a vital training component, the Center offers research fellowships and postdoctoral training for young scientists. Under Dr. Herzog’s direction, the Center has become a leading resource in the field of eating disorders.

As part of his advocacy efforts Dr. Herzog meets regularly with members of the U.S. Congress and works with insurance companies to aid patients with treatment coverage. Last March, Dr. Herzog moderated a forum at Harvard Business School titled “Health Matters: Weight and Wellness in the World of Fashion,” which included a panel filled with well-known members of the fashion industry. While the Council of Fashion Designers of America (CFDA) Health Initiative has taken great strides on what was once a taboo issue, the industry continues to face tough challenges with eating disorders and poor body image. Dr. Herzog travels around the world encouraging dialogue about eating disorders, which he feels is an important factor in effecting change. Through increased public awareness, Dr. Herzog hopes to foster earlier detection and intervention of eating disorders in communities across the globe.

Dr. Herzog is principal investigator of the MGH Longitudinal Study of Anorexia and Bulimia Nervosa, funded by the NIMH. The study, now in its 23rd year, follows 246 women suffering from anorexia and bulimia nervosa. This is the largest and longest study of anorexia and bulimia nervosa in the world. Dr. Herzog also collaborates with the Neuroendocrine Unit at MGH on an NIMH-funded study of hormonal intervention in the treatment of anorexia nervosa, on several studies on the neurobiology and genetics of appetite regulation, and on the largest study of estrogen in the treatment of osteoporosis in teenage anorexia nervosa. Dr. Herzog has received numerous awards; some of the most recent include the Eating Disorders Coalition Award for Excellence in Visionary Leadership, the Academy of Eating Disorders Award for Excellence in Advocacy and the Outstanding Psychiatrist Award for Research from the Massachusetts Psychiatric Society.

Dr. Herzog received his bachelors from Rutgers University in 1966 and went on to earn his medical degree from National Autonomous University School of Medicine in Mexico City, Mexico in 1973. He did his child and adolescent psychiatry training at Children’s Hospital Boston and Judge Baker Children’s Center (then called Judge Baker Guidance Center) from 1976-1978, where he met his wife, psychiatrist Jennifer Rathbun. Under the supervision of Dr. Gordon Harper, Dr. Herzog interned in the psychosomatic unit at the Baker, where he saw many cases of adolescents with eating disorders. Dr. Herzog also completed a residency in Adult Psychiatry at Massachusetts General Hospital from 1978-1980. He is triple board certified in Pediatrics, Adult Psychiatry and Child Psychiatry. Dr. Herzog is the founder and director of the Harris Center for Education and Advocacy in Eating Disorders at MGH and is also the Harvard Medical School Endowed Professor of psychiatry in the field of Eating Disorders at MGH.
Financials

Fiscal Year 2010

INCOME

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EXPENSES

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<td><strong>Change in Net Assets from Operations after Spending Rule</strong></td>
<td><strong>$683,102</strong></td>
</tr>
</tbody>
</table>

NON-OPERATING INCOME (EXPENSE)

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Utilization of Board Approved Spending Rule</td>
<td>$(336,183)</td>
</tr>
<tr>
<td>Investment &amp; Interest Income</td>
<td>$155,805</td>
</tr>
<tr>
<td>Investment Expenses</td>
<td>$(43,990)</td>
</tr>
<tr>
<td>Net Unrealized Gains/(Loses) on Investments</td>
<td>$1,096,484</td>
</tr>
<tr>
<td>Net Realized Gains/(Loses) on Investments</td>
<td>$(403,801)</td>
</tr>
<tr>
<td><strong>Total Non-Operating Income (Expense)</strong></td>
<td><strong>$468,315</strong></td>
</tr>
</tbody>
</table>

Change in Net Assets $1,151,417

**Net Assets at Beginning of Year** $30,715,008

**Net Assets at End of Year** $31,866,425
Inspiring Success

The Ramos Family

When Sharon and Robert Ramos became parents they were like all parents, full of joy and expectations; but by the time their son Robby was in fifth grade they knew there was something different about him. From that point on it was almost impossible to know what to expect from day to day. As a family, the Ramos’ lives turned upside down and they became focused on how to make sure their son was in the best environment possible. They met with one doctor after another visiting numerous specialized facilities. Their will and patience were tested but their strength as a family held them together.

Robby was diagnosed with ADHD and Mood Disorder NOS (not otherwise specified). He battled depression, had heated outbursts when asked to do something he did not like and was simply unpredictable. Sharon and Robert did everything they could to help their child be happy, healthy and excel in school. After 5th grade, this meant taking Robby out of public elementary school and placing him in a specialized school. Robby spent two disastrous years at his new school. He acted out and spent only a fraction of the day actually in the classroom. Sharon became particularly concerned for her son’s safety; “He didn’t feel emotionally safe at school, and it seemed as if their staff had clearly given up on us."

After leaving this school, the Ramos family learned the ins and outs of emergency rooms and hospital psychiatric units. At one point, Robby spent two weeks as an out-patient at Franciscan Children’s Hospital. It was later suggested to Sharon and Robert that their son should spend the summer there. Sharon and Robert worked actively with their local out of district coordinator who did extensive research on alternative placements for Robby. Eventually, the coordinator suggested looking at the Manville School at Judge Baker Children’s Center.

Robby spent four years at Manville, and both Sharon and Robert agree that these were the best years for their family. “When I first came to see the school and met with Jim Prince, the school director, he assured me that they were never going to call and tell me to come pick up my son,” said Sharon. “Those were such reassuring words to hear after what we had been through.” From the moment Robby started at Manville he excelled. Sharon and Robert believe it was due to having the right staff surround him and help him in every way. In 2009, Robby left Manville to attend the New England Academy, a high school focused on helping children with learning disabilities. The New England Academy has a very extensive admissions process, and the Ramos’ believe this is the best place to prepare Robby for college. Robby is now doing well, and excelling in school due to the preparation he received at the Manville School. “It is only thanks to the high standards that Manville set for Robby (academically and behaviorally) that he was able to gain enrollment to the New England Academy program,” said Sharon.

Sharon and Robert have been active donors to Judge Baker Children’s Center since 2007. They respond positively to every appeal they receive. “We’ll do anything the Baker asks of us,” stated Sharon as her husband commented, “It’s simple, we want other kids to be as lucky as ours was.” The Ramos family has had a very interesting seven
years. “When all of this started we were a disaster,” said Robert. “We were walking around on eggshells. I was always wondering what was going to happen next but now I feel so free and I know he’s going to be fine.” The positive attitudes of both Sharon and Robert are very evident. They love their son for who he is and have learned how to handle whatever comes next. “Robby still has bad days, but those bad days are not nearly as bad as before Manville,” said Sharon. “If Manville didn’t exist, our whole path would have been different. Robby probably would have been more of a special needs adult simply because we didn’t have any appropriate place to send him.”

Robby is now 17, and most of the time his moods are typical of a 17-year-old boy. He has many friends and has excelled in academics. “Overall he’s really an awesome kid, very caring, very fun,” said Sharon. “As a family we’ve learned to have fun with his ticks and his differences.” Sharon and Robert are now focused on getting Robby through his last two years of high school and then into college.

The Ramos family support of Judge Baker Children’s Center is cherished. It is wonderful to know that the staff and teachers at Manville School made such a positive impact on this family. It is obvious that the Ramos family thinks fondly of their time at Manville. They continue to support the Baker’s fundraising efforts even now after Robby has outgrown the Baker. Thank you to the Ramos family for continuing to give back and helping support the Baker’s programs and services. This support along with the support of our other loyal donors will lead to many more success stories in the future.

Sharon and Robert Ramos and their sons, Robby and 13 year-old Carl, live in Salem, MA.
Leading by Example

Thomas Cornu

Thomas Cornu considers himself a lucky man for being introduced to Judge Baker Children’s Center. In 1986, Tom was encouraged by a friend to visit “the best kept secret in Boston” and think about joining the Board of Trustees. Tom did just that. After spending some time with President Stanley Walzer, MD, and seeing the children at the Baker, Tom was so impressed and moved by the experience he joined the board.

Twenty-four years later, including one year as Chair of the Board, Tom continues to serve as a Trustee. Today, he is just as passionate about the Baker and the children it serves as he was in 1986, and he has demonstrated his dedication as a Trustee on numerous occasions. In 2004, Tom was instrumental in the move from the Longwood Medical Area to Parker Hill Avenue. He was on site almost daily watching the construction of the Baker’s new facility.

Over the years, Tom Cornu has supported every cause, event and program of the Baker. He stays involved with new developments and is touched by the progress and achievements of the children it nurtures and educates. The Baker is as a special place for Tom; a sanctuary for him to escape when he is in need of a smile.

Much has changed at Judge Baker Children’s Center since Tom became a member of the Board of Trustees, and many of these changes were made possible thanks to Tom and his expertise. Tom helped in the recruitment of John Weisz, Ph.D., ABPP, to be the new President and CEO; he worked to sell the old facility in the Longwood Medical Area and purchase the building that the Baker is now proud to call home. In 2008, the Baker honored Tom Cornu for his loyalty and support by naming the Manville School playing field, “Cornu Field.”

For Tom, being an active donor and friend is something he does willingly. The Baker could not have made such great advances without his support and guidance, and Tom has made it clear that he is not planning to leave us anytime soon. “This is one of the strongest boards I have seen both in quality and commitment,” said Tom. “Some of the nicest, smartest people I have met in my life are on this Board of Trustees; it’s a remarkable group.”

“When I first joined the board, the Baker facility was cramped and out of date. But, it wasn’t the building that brought me in, it was the passion and the children,” commented Tom. Moving to the new facility in 2004 opened up a whole new world for the Baker and allowed it to look as professional on the outside as it was on the inside.

“As a Trustee I feel lucky to be a part of all this,” said Tom. “Thank you to George Macomber for introducing me to the Baker.” Tom Cornu has been a friend and advocate for Judge Baker Children’s Center for decades. As an organization, the Baker feels privileged to have someone so passionate about helping children on its Board of Trustees. Thank you, Tom, for your continued support, dedication and friendship.
On September 26, 2009, Judge Baker Children’s Center participated in the 19th annual Rodman Ride for Kids. The Rodman Ride is an umbrella charity that raises funds for children’s related social service agencies in Massachusetts. The primary source of fundraising is this non-competitive bike tour through southeastern Massachusetts in which every children’s charity affiliated with the event has teams of riders participate. The agencies and the riders solicit sponsorship support for the Ride. Each agency is given a goal to raise, which they will receive back from the Ride along with a matching gift. This was the fourth time the Baker participated in this event. We raised $93,000 and had rider representation in every category: 25 miles, 50 miles and 100 miles.

The following is a listing of our riders and our supporters for the Ride.

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Eric Bachman
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Joseph Bradley, II
Joseph Bradley, Sr.
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Kathy Cade and Fred Miller
Lisa Carullo
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Erik Dorin
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Seamus Healy
Mary Herberg
Ryan Kaczenas
Josie Krieger
David Langer
Ashley Lawreck
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Constantine Leostakis
Brian Morgan
Jack Morgan
Martha Morgan
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2009 Rodman Ride for Kids, Continued

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Charitable Foundation
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Foundation, Inc.
June 8, 2010
Blue Hill Country Club
Canton, Massachusetts

On June 8, 2010, the Baker hosted its fifth annual golf tournament and welcomed brand new title sponsor Liberty Mutual. Despite the on and off downpours, 112 golfers headed out to play their eighteen holes for the children of Judge Baker Children’s Center. This year’s lucky winners received an invitation to play in the Liberty Mutual Invitational National Tournament at Pinehurst in North Carolina.

Jay Webber, of CBIZ Tofias heralded in his fifth consecutive year as chairman of the tournament planning committee. Jay continues to build on the past successes of this tournament by adding to the growing committee as well as expanding the participation opportunities to encourage a wider range of corporate support. He has made possible the very strong foundation upon which this tournament has been built.

The following is a listing of all those who participated in our Liberty Mutual Invitational.

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Jay L. Webber
Committee Chair
Tony Bono
Rick Breed
Jim Brown
Bob Holdway
Janine McWilliams
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Joe Paresky
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Mike Young  
Rich Young
Annual Appeal

July 1, 2009 – June 30, 2010

The Annual Appeal provides the Baker with the resources it needs to offer top quality programs and services in the field of children’s mental health. Without the generous support of our donors, we simply could not continue in our efforts to grow and enhance our programs. We are grateful for the sacrifices our donors make to allow these gifts to be possible. The following is a listing of all those who contributed to the fiscal year 2010 Annual Appeal and the levels at which they gave their support.

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Dorothy and Stephen Weber

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Lucie White
Nicole C. Wilson

Special thanks to Joy Brickner Rabinowitz for supporting our new Clinical Care program.