Judge Baker Children’s Center

Annual Report
July 1, 2011 to June 30, 2012
Mission Statement

Judge Baker Children’s Center promotes the best possible mental health of children through the integration of research, intervention, training and advocacy.

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Weisz Lab
Sue Woodward, Ph.D.
Center for Effective Child Therapy
Richard J. Young
Child-at-Risk Hotline
Executive Summary

Fiscal Year 2012

Stephen Schaffer, Interim President and Chief Operating Officer

In 1970 Alvin Toffler published “Future Shock” which sold six million copies. In the text, he predicted a society marked by a rapidly “accelerated rate of technological and social change.” This prediction has proven true in many areas of life: entertainment and communication technology, investment and information access technology, health care, and the economy in general.

Unfortunately, change has moved at a singularly slow pace in one particular area - the treatment and prevention of mental health problems for children.

In part, innovation has been painfully slow because research to develop effective practice takes time.

However, over the last 15 years, a significant body of research has been done to document mental health interventions that have the most significant and sustainable outcomes. The compelling questions are “Why have these practices not been more widely adopted? Why is it estimated that less than 10% of clinical practice is informed by the most recent research on positive outcomes? Would we accept this in any other area of health care?”

The answers are as complex and daunting as the complexities of health care in general; a mix of systems as well as cultural, training and financial factors.

Judge Baker Children’s Center is deeply committed to addressing this broad disparity between available research and actual practice in children’s mental health. This wide gap, in our view, constitutes a significant public health issue.

We are working to narrow this gap every day. In our research labs, important and in some cases even groundbreaking research is taking place. In our growing programs like the Manville School, the Center for Effective Child Therapy, the Summer Treatment Program, the New England Association of Child Welfare Commissioners and Directors, and the dissemination of the groundbreaking Prevention of Depression program, such research is being rapidly integrated into practice. Our growing portfolio of federal and foundation support is testament to the compelling importance of this direction.

Judge Baker is proud to devote its resources to improving the well being of children at risk, through the integration of research, training and practice.
Message from the Chairman

January 2013

Dear Friends:

Welcome to the 2012 Annual Report for Judge Baker Children’s Center. As you read through these pages, you will see all that your support has made possible. Whether you were a golfer, a cyclist, a sponsor or donor, your generosity impacted many young lives here at Judge Baker.

As I complete one year of my first term as Chairman of the Board of Trustees, I look back on Fiscal Year 2012 as a year of change and challenge for Judge Baker. We completed the next phase of our strategic plan; our Center for Effective Child Therapy program began greater outreach to families with children living with behavioral issues such as Attention Deficit/Hyperactivity Disorder (ADHD) and other disruptive behaviors; and our Manville School had its largest enrollment ever for a school year with ninety-six students. We held three successful events: the Rodman Ride for Kids; the World of Children Award Celebration; and the Liberty Mutual Invitational Golf Tournament. These are just some highlights of all the incredible things that have taken place at Judge Baker Children’s Center.

Our donor support is a crucial component to the success of our work at Judge Baker. Without your help, our programs could not exist and many children would be without the vital services they need to live happier and healthier lives.

I am proud to serve as Chairman of the Board and thankful for all the hard work by my fellow Trustees this past fiscal year. We know exciting things are still to come for Judge Baker Children’s Center. Thank you for being a part of our larger community of supporters and advocates for children’s mental health.

Sincerely,

Edward E. Mullen
Chairman, Board of Trustees
This program offers comprehensive mental health assessments and focused treatments for children and adolescents, ages 4 to 17, and their families. The Center provides research-based best practice treatments for the most prevalent of children’s emotional and behavioral challenges.

Center for Effective Child Therapy

This program offers comprehensive mental health assessments and focused treatments for children and adolescents, ages 4 to 17, and their families. The Center provides research-based best practice treatments for the most prevalent of children’s emotional and behavioral challenges.

NEACWCD

New England Association of Child Welfare Commissioners & Directors (NEACWCD) is a consortium of child welfare agency leaders and staff members from Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont. The Association works to improve child welfare practice. It has been a part of Judge Baker since 1984.

Summer Treatment Program

The Summer Treatment Program (STP) is an award-winning, intensive six week program which uses evidence-based practices in a recreational setting, to help children with ADHD and other disruptive behaviors. Parent booster sessions are an important component of this program. These booster sessions continue on throughout the school year.

Child-at-Risk Hotline

The Hotline provides after-hours coverage for the Department of Children and Families (DCF), joining Judge Baker in 1982. The staff is trained to assess the urgency of the calls they receive and elicit critical information. In situations where children are at risk, a response is initiated with the DCF field staff.
Behavioral and Affective Skills in Coping: Practice-Adapted Child Psychotherapy
(Funded by the National Institute of Mental Health (NIMH))
Principal Investigator: John R. Weisz, Ph.D., ABPP
Project Director: Lauren Santucci, Ph.D.

Child Bilingualism and Developmental Psychopathology
(Funded by the National Institute of Mental Health (NIMH))
Principal Investigator: Claudio O. Toppelberg, M.D.

Child System and Treatment Enhancement Projects (Child STEPS)
(A program of the Network on Youth Mental Health, funded by the John D. and Catherine T. MacArthur Foundation, Annie E. Casey Foundation and Casey Family Programs)
Network Director: John R. Weisz, Ph.D., ABPP
Project Co-Directors: Daniel M. Cheron, Ph.D. and Jenny Herren, Ph.D.

Does Center Based Child Care Improve Development in Disadvantaged Children?
(Funded by the Norwegian Institute of Public Health and Norwegian Research Council)
Principal Investigator: Arnstein Mykletun, Ph.D./Henrik Zachrisson, Ph.D.
Co-Investigator: Claudio O. Toppelberg, M.D.

Leveraging Scientific Knowledge to Enhance the Delivery of Effective Mental Health Services for Children
(Funded by the Norlien Foundation)
Principal Investigator: John R. Weisz, Ph.D., ABPP

MATCHing Child Mental Health Needs in the Public Sector: Studying Sustainability
(Funded by Annie E. Casey Foundation)
Principal Investigator: John R. Weisz, Ph.D., ABPP
Co-Investigator: Ana Ugueto, Ph.D.
Project Co-Directors: Daniel M. Cheron, Ph.D. and Jenny Herren, Ph.D.

Paths Over Time and Across Generations Project
(Funded by the National Institute of Mental Health (NIMH))
Founding Principal Investigator: Stuart T. Hauser, M.D., Ph.D.*
Principal Investigator: Judith A. Crowell, M.D.
Co-Investigators: Eric Dearing, Ph.D., Brian Gibbs, Ph.D. and Christos Mantzoros, M.D.
Project Director: Cynthia Davis, Ph.D.

Prevention of Depression Project
(Funded by the National Institute of Mental Health (NIMH))
Principal Investigators: William R. Beardslee, M.D. and Tracy R. G. Gladstone, Ph.D.
Project Director: Phyllis Rothberg, LICSW

Preventive Intervention Project
Director: William R. Beardslee, M.D.

Teaching Middle-School Youth Coping Skills for Depression: A School-Based Intervention Study
(Funded by the National Institute of Mental Health (NIMH))
Principal Investigator: John R. Weisz, Ph.D., ABPP
Project Directors: Dikla Eckshtain, Ph.D.

The Legacy of Childhood Malnutrition: Translational Studies in Animal Models
(Funded by the National Institute of Mental Health (NIMH))
Principal Investigator: Janina R. Galler, M.D.
Co-Investigators: David Mokler, Ph.D., Douglas Rosene, Ph.D., Jill McGaughy, Ph.D., Schahram Akbarian, M.D., Ph.D.

The Stuart T. Hauser Research Training Program in Biological and Social Psychiatry
(Funded by the National Institute of Mental Health (NIMH))
Founding Directors: Stuart T. Hauser, M.D., Ph.D.* and Robert W. McCarley, M.D.
Principal Investigator: Martha E. Shenton, Ph.D.
Co-Directors: Martha E. Shenton, Ph.D., Robert W. McCarley, M.D., Gail Musen, Ph.D.
Program Coordinator: Marie Loy

Trajectories of Adverse Childhood Experiences and Adolescent Substance Abuse
(Funded by the National Institute on Drug Abuse)
Principal Investigator: Laura Proctor, Ph.D.

Transgenerational Effects of Undernutrition on Children
(Funded by National Institute of Child Health and Human Development)
Principal Investigator: Janina R. Galler, M.D.
Co-Investigators: Cyralene Bryce, M.D., Gayle Medford, M.D., Deborah Weber, Ph.D., Garrett Fitzmaurice, Ph.D. and Schahram Akbarian, M.D., Ph.D.

Using SMART Experimental Design to Personalize Treatment for Child Depression
(Funded by the National Institute of Mental Health (NIMH))
Principal Investigator: Dikla Eckshtain, Ph.D.

(* Deceased)
Mitch Abblett, Ph.D.


Dikla Eckshtain, Ph.D.

Janina R. Galler, M.D.


Laura Proctor, Ph.D.


Claudio O. Toppelberg, M.D.


John R. Weisz, Ph.D., ABPP


Financials

Fiscal Year 2012

INCOME

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<tr>
<th>Source</th>
<th>Amount</th>
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<tr>
<td>Tuition</td>
<td>$7,133,628</td>
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<tr>
<td>Contract Income</td>
<td>1,979,418</td>
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<tr>
<td>Federal Research &amp; Foundation Grants</td>
<td>3,342,723</td>
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<tr>
<td>Contributions, Trusts, Bequests &amp; Special Events</td>
<td>282,980</td>
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<tr>
<td>Other</td>
<td>485,258</td>
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<tr>
<td><strong>Total Income</strong></td>
<td><strong>$13,224,007</strong></td>
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EXPENSES

PROGRAM SERVICES

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<th>Program</th>
<th>Amount</th>
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<tr>
<td>School Based Programs</td>
<td>$6,382,487</td>
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<tr>
<td>Research &amp; Training Programs</td>
<td>4,142,554</td>
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<tr>
<td>Community Based Programs</td>
<td>1,391,566</td>
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<tr>
<td>Commissioner’s Association</td>
<td>266,820</td>
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<tr>
<td>Media Based Programs</td>
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<tr>
<td><strong>Total Program Services</strong></td>
<td><strong>$12,183,427</strong></td>
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SUPPORTING SERVICES

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<th>Service</th>
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<tr>
<td>Administrative &amp; General</td>
<td>$1,812,219</td>
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<tr>
<td>Fundraising</td>
<td>512,514</td>
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<tr>
<td><strong>Total Supporting Services</strong></td>
<td><strong>$2,324,733</strong></td>
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**Total Expenses** $14,508,160

Change in Net Assets from Operations before Spending Rule $(1,284,153)
Board Approved Spending Rule 306,976
Change in Net Assets from Operations after Spending Rule $(977,177)

NON-OPERATING INCOME (EXPENSE)

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tr>
<td>Utilization of Board Approved Spending Rule</td>
<td>$(306,976)</td>
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<tr>
<td>Investment &amp; Interest Income</td>
<td>276,051</td>
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<tr>
<td>Investment Expenses</td>
<td>(41,210)</td>
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<tr>
<td>Net Unrealized Gains/(Loses) on Investments</td>
<td>(593,630)</td>
</tr>
<tr>
<td>Net Realized Gains/(Loses) on Investments</td>
<td>(43,360)</td>
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<tr>
<td>Return of Unused Donor Funds</td>
<td>(723,907)</td>
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<tr>
<td><strong>Total Non-Operating Income (Expense)</strong></td>
<td><strong>$1,433,032</strong></td>
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</table>

Change in Net Assets $(2,410,209)
Net Assets at Beginning of Year $31,624,401
Net Assets at End of Year $29,214,192
Judge Baker Children’s Center could have no greater fan than Kathy Cade. She has served on Judge Baker’s Board of Trustees since 2000, spending six of those years as Board Chair. She has earned the respect of all her fellow Trustees as well as all those Judge Baker staff fortunate enough to have had the opportunity to work with her.

Kathy Cade, the third of four daughters, was raised in a suburb just outside of Cincinnati, Ohio. Her mother was a Latin teacher and her father worked for the U.S. Government. Kathy attended Radcliffe, the then “sister” school of Harvard University. She headed off to Washington, D.C. after graduation, volunteering and eventually being hired to work on Senator Edmund Muskie’s campaign.

Kathy worked several years in Public Broadcasting working on a health series, “The Thin Edge” which was a compilation of five one hour documentaries on mental health issues. This was Kathy’s first exposure to the scope of the mental health crisis. With this series, she visited a facility in New York called Willowbrook, a state institution housing thousands of patients with mental illness and mental retardation, both children and adults. This was a first look into these types of institutions and the horrific conditions in which the patients lived. For Kathy this was a life lesson in seeing that we as a society were not doing what we should be doing for those struggling with mental illnesses.

Four years after leaving Senator Muskie’s campaign, Kathy was asked to work on the Carter Presidential Campaign as a member of Mrs. Carter’s Advance Office. Kathy continued to work for Mrs. Carter following the election, heading up the Office of Special Projects. President and Mrs. Carter both had a longstanding interest in mental health which began when Carter first ran for governor of Georgia in 1966. Mrs. Carter in particular wanted to make improving mental health services a priority of hers as First Lady. Kathy reflects on her time at the White House with great fondness. “It was an amazing experience to be in the White House during that time in our nation’s history. This is where I got involved in the policy making for mental health as well as addressing our failures in the system.”

At the conclusion of the Carter Presidency, Kathy enrolled in business school, earned her MBA and became a banker. She relocated to Boston to work for the Bank of Boston and set out to become familiar with health-centric non-profits in the area. Dr. Julius Richmond, former US Surgeon General and US Assistant Secretary for Health during the Carter Administration, introduced Kathy to Judge Baker Children’s Center during their time together in Washington. After leaving Washington, both served as advisors to the mental health program Mrs. Carter established at The Carter Center; and Dr. Richmond always kept Kathy informed about significant developments at the Baker. She finally joined our Board of Trustees in 2000 and became Board Chair in January of 2006. Though she still serves on the Board, she stepped down as Chair at the conclusion of her third term in 2012.

What motivates Kathy Cade and her commitment to Judge Baker Children’s Center?
“I want folks to be aware of the importance of the work being done at Judge Baker. Too many kids and families still face the stigma attached to mental health problems which too often keeps these families from seeking the help that will change their lives.” She goes on to say that, “We can’t afford to waste time with regard to children. Early intervention means preventing more serious issues that can negatively impact all the rest of their lives.”

Kathy has been a devoted supporter of all Judge Baker’s activities, especially our participation in the Rodman Ride for Kids, an annual cycling event that helps to raise funds for over 41 different children’s charities in the greater Boston area. Every year since 2006, Kathy has buckled up her bike helmet, checked her tire pressure and hit the road to ride 25 miles for Team Baker along with her partner, Fred Miller. When asked why this event meant so much, she explained, “The Rodman Ride provides such important visibility for Judge Baker and, as a Trustee, I believe it is the most efficient way we can fundraise for the organization. It creates an opportunity to engage a different kind of audience to the work we do. Most of all, it is a great event and a lot of fun.”

When Kathy isn’t engaged in all things Judge Baker, she likes to travel, especially to places where she can experience different cultures and wander “off the beaten path.” Besides cycling her other favorite activity is bird watching. Kathy also delights in spending time with her large, extended family.
Donor Listing for Fiscal Year 2012
July 1, 2011 ~ June 30, 2012

The following is a listing of all donors who made a gift to Judge Baker Children's Center between the dates of July 1, 2011 and June 30, 2012. This compilation reflects the names of all those who supported the Annual Fund, the Rodman Ride for Kids, the 2012 World of Children Award Celebration and includes foundation support for our programs. Judge Baker Children's Center wishes to thank all the donors for their very generous support.

Please note that the names of those who supported the 2012 Liberty Mutual Invitational Golf Tournament are not included in this listing. Due to the rescheduling of the tournament from June 25th to July 30, 2012 because of poor weather conditions, this tournament, as well as the 2013 tournament, will be recognized in the 2013 Annual Report.

INDIVIDUALS

Laura Adamic
Jon and Terry Adams
Anthony Agudelo
Stephen A. Alagero
Deborah L. Anderson
Ross Andrews
Walter and Eleanor Angoff
Anonymous
Robert and Nancy Anthony
Barry S. Anton, Ph.D., ABPP
Selena R. Antoniello
Michael Appel and Sheila Katz
Neil P. Arkuss
Toby and Denny Arnheim
Carl and Andrea Axelrod
Eric Bachman
Lucia K. Badger
David Bartle
William and Barbara Beardslee
Bernard and Janine Beauchemin
David E. Bennett
Roz and Wally Bernheimer
Dennis and Joanne Berry
Jason and Heather Berry
David A. Bertenthal
Richard and Amy Blake
Richard and Elizabeth Blankstein
Colleen Blauer
Ronald and Maureen Bleday
Jill Bloom
Michael and Joyce Bohnen
Nathalie Boileau
Michele, Scott and Lily Bokun
Sharon M. Bonica
Gerard Borin
James and Grace Bradley
Joe and Julie Bradley
Elizabeth Braudis
Peter and Linda Braun
Donnie and Leslie Braunstein
Richard P. Breed, III, Esq.
Andrea Brown
Ralph and Elizabeth Bryant
Jeb and Lisa Burrows
Bennett and Esther Burstin
David Burstin
Michael Burstin
Jeffrey Buzen and Judith Merrill
Linda Cabot
Kathryn E. Cade and Frederick T. Miller
Stephanie Caffrey
Leonard and Nancy Carapezza
Lisa Carullo
Robert and Nancy Casper
Richard and Barbara Cataldo
Richard and Constance Cataldo
Dan Cheron
Judith Cheron
Howard K. Chin
Linda Chin
Michael Chin
Raymond and Mary Chin
Lindsay Chryssis
Ann Cohen
Brian and Sheryl Cohen
Carolyn Cohen
Stewart and Marie Cohen
Laura Cole
Emma Conway
Ken Conway
Laura M. Conway
Lillian T. Conway
Mary Conway
Michael Conway
Ken and Deborah Cook
Charles and Maureen Cook
Marguerite Correnti
Dan and Mary Costa
Charles and Carol Cox
Jonathan Crames
Roy and Mary Creedon
Harvey A. Creem and Senator Cynthia S. Creem
Kristin Creighton
Harvey and Tina Crosby
Susan and Ned Culver
Frederick Cunningham
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Michael and Kaye Daniel
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Eileen and William d’Entremont
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Geraldine Dickinson
Kristin Disipio
Andrew Dobson
Anthony Doniger and Liza Lunt
James and Joan Doyle
Brenda Drane
Sydney Drane
Martin J. Drell, M.D.
Kenneth and Hazel Dreyer
John S. and Dolores A. Driscoll
Jim and Michelle Duane
Edward Dubilo and Grace Zimmerman
Deirdre Durkin
Ronald and Susan Ebert
Kim Effron
Brina E. Einstein
Mary Jane England
Michael and Susan Epstein
Ann T. Evans
Louanna Fahey-Hudzik
David and Phyllis Farber
Kate Farren
G. Bonnie Feldman
Noah Feldman
Andie Finard
William and Denise Finard
Sarah Finn
Mark Fredereksen
Susan Fredereksen
Sam Furgang and Beth Polasky
Bruce M. Gale, Ph.D.
Donor Listing for Fiscal Year 2012

Janina R. Galler, M.D.
John F. Gantz
Gary Garberg
Ethel Gardner
George and Virginia Gardner
Raya Gildor and Paul Asquith
Gerry and Fran Ginsburg
Andrea Girimonte
Elizabeth Glauber
Richard and Hilary Glovsky
Charles and Yvonne Gold
Dani Goldberg
Peter and Nancy Goldberg
Scott and Leslie Goldberg
Don and Patty Goldenberg
Stuart J. Goldman, M.D.
Wendy Gomez
Phil and Peggy Gormley
Jodi Gosule
Michelle Granick
Susan E. Green
Susan and Malcolm Green
Beth Greenberg
Howard Grossinger
Elizabeth Crames Grossman
Gerry Haas
John and Annie Hall
Raymond Hamel
George B. Handran
Bredt Handy and Chris Reynolds
Christina Handy-Endicott
and David Endicott
Doug Handy
Anne and William Haney
Debi Harmon
Michael and Susan Hartnett
Margaret P. Hasselman
Sharon Healey
Seamus Healy
Patrick and Melissa Hegarty
Benjamin Hellweg
Miriam Hellweg
Kimberly Hermesch
Christoph and Susan Hoffmann
Robert G. Holdway and Elin H. Graydon
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L.J. Johnson
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Norman and Ellen Kahn
Rachel Kahn
Judith and Stewart Kaplan

Lawrence and Elizabeth Kaplan
Lawrence and Margie Kaplan
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Kevin and Punam Keller
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Mark Kelley
Shannon Kelley
Jodi Kelly
Thomas and Christina Kemper
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Jean E. Lee
Terence Lee
Roxana and A. Dix Leeson
Judy and Michael Leopold
Adrian Lewis
Mary Lewis Sheehan
Julie Lichtenstein
Lance and Carol Liebman
Robert E. Levine and Emily Hess Levine
Jesse and Lynne Lipcon
Jennifer Locke
Gabriele Loebbert
Dr. Elaine Fraser Loomis*
Brinck Lowery
Mark and Megan Lucier
Kenneth Luke
Erik and Diane Lund
Jane Lundquist
Molly MacDonald
George and Andy Macomber
Jamy B. Madeja
Sherri Mahne
John Maloney
Audrey and Ed Maltz
Jeffrey Marcus and Susan Nitkin
Susan Mascioli
Ron and Cindy Matloff
Joseph and Linda Matzkin
Donor Listing for Fiscal Year 2012

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Cyril and Harriet Mazansky
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Robert and Sarah McCabe
Beverly McDonald
William and Laurie McDonough
Kathleen McGillycuddy
Susan and Michael McGuinn
Meghan McKeever
Bill and Alice McKeever
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Cloudy Mentzer
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Margaret Murphy
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Wanda Rifkin
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Linda Scott
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Dotty and Stan Shelton
R.S. Sheridan and Anne Steer
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Dr. Robert and Cynthia Shilkret
Vernon and Joan Shively
Sanford Shulman
Myrna Shure
Susan B. Siegel
Robert Silberman and Nancy Netzer
Harvey and Lisa Simon
Cassie and Herbert Simons
Patricia Sims
Paul Skerker
Pamela B. Sleeper
Nancy Slocum
James and Cheryl Snyder
Marjorie Snyder
Michael Sonnenreich
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The Dr. William R. Beardslee Fund

Dr. William R. Beardslee, the Gardner-Monks Professor of Psychiatry at Harvard Medical School and Senior Research Scientist at Judge Baker Children’s Center, joined the Judge Baker staff in 1978. Dr. Beardslee currently directs the Preventive Intervention Project and the Prevention of Depression Study. He also serves on the Board of the Rosalynn Carter Mental Health Task Force at The Carter Center and currently serves on the Board of Trustees for Judge Baker Children’s Center.

In recognition of his career-long contribution as a researcher and teacher at Judge Baker, the Board of Trustees established the Dr. William R. Beardslee Fund in March of 2012. The fund is dedicated to the research and dissemination of evidence-based practices in children’s mental health - those practices that have been scientifically tested and proven to work. There is a special interest in the prevention of depression, the on-going focus of Dr. Beardslee’s work, as well as the prevention and treatment practices for other children’s mental health conditions. It provides Judge Baker Children’s Center researchers and scholars with the resources to pursue high impact opportunities.

If you would like to make a gift to the Dr. William R. Beardslee Fund, please make your check payable to Judge Baker Children’s Center, indicating Beardslee Fund in the memo line, and mail to: Development Office, Judge Baker Children’s Center, 53 Parker Hill Avenue, Boston, MA 02120.

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It’s easy to navigate and full of great information about all our programs, research, upcoming events, and other items related to children’s mental health issues.

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