NEXT STEP:
COLLEGE SUCCESS & INDEPENDENT LIVING
2014-2015 DATES

SATURDAY ONE-DAY PROGRAMS

December 6th, 2014
February 7th, 2015
May 2nd, 2015

SUMMER WEEK-LONG PROGRAM
AT BOSTON COLLEGE

Sunday July 26, 2015
to
Friday, July 31, 2015

Next Step Contact Info:
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The Doug Flutie Jr. Foundation for Autism
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Eleanor Bennett Charitable Trust

HARVARD MEDICAL SCHOOL
AFFILIATE
The Judge Baker Children’s Center, Next Step: College Success & Independent Living is a dynamic new program in which high school students with social skills deficits can experience independent college living in a safe "real world" environment.

The program assesses, develops and refines the critical skills that these young adults need for success at college, including: understanding college life and campus rules, negotiating sharing space effectively, building resiliency against anxiety and depression, developing abilities in problem solving, executive functioning, social pragmatics, and self-advocacy.

Next Step includes three, day-long Saturday sessions that will take the participants to various college campuses around Boston for hands-on skill building exercises and a week-long overnight summer program based at Boston College from July 26 - July 31. Participants can register for any or all of the program offerings.

Each session includes a parent educational seminar to provide parents with the tools they need to support growing independence in their teenager and encourage integration of new skills into daily life.

A team of experts from a wide range of disciplines will help participants leave the week-long program with: a true understanding of what college life entails, significantly refined social and independent living skills, and a concrete plan for teenagers and parents for continued progress on still developing skills. Participants will gain both confidence and true skills toward a smooth transition to college living.