NEXST STEP: COLLEGE SUCCESS & INDEPENDENT LIVING PROGRAM

FOR STUDENTS WITH SOCIAL AND PRAGMATIC LANGUAGE CHALLENGES

WHAT IS NEXT STEP

A college preparatory program to help youth and their parents learn and practice key social, independent living, organizational, and psychological coping skills that are crucial to successful college living.

WHO CAN BENEFIT

College bound students in grades 10-13 with social challenges (i.e., Asperger’s Syndrome, high cognitive autism spectrum disorder, non-verbal learning disability, or other related learning differences).

OUR GOALS

• Help youth develop skills in: college-level social communication; self-advocacy; executive functioning; problem-solving; mental health coping strategies; health and wellness (sleep, nutrition and exercise).

• Provide repeated exposures to college situations; help students create and achieve individual goals through practice.

• Educate parents on all student skills so parents can act as “home coaches”, reinforcing skill use between sessions.

• Provide experiences to help youth and families make informed decisions regarding selection of best college environment and residential life setting.

SUMMER WEEK-LONG PROGRAM

AT BOSTON COLLEGE

SUNDAY, JULY 26 - FRIDAY, JULY 31