Parent-Child Interaction Therapy (PCIT) NOW AVAILABLE for families!

Who can benefit from PCIT?

PCIT may be helpful if your child or a child you know is having:

- Trouble listening to adult requests or arguing with adults.
- Difficulty taking turns, sitting still, or playing alone.
- Temper tantrums, hitting and kicking, and destroying things.

What is PCIT?

Parent-Child Interaction Therapy (PCIT) is a scientifically proven training program that works with caregivers to enhance parenting techniques for use with their children.

- PCIT is for children ages 2-7 with emotional and behavioral problems.
- The program places an emphasis on improving the quality of caregiver-child relationships and interactions.

How does PCIT work?

Our counselors work with your family to enhance your existing parenting techniques and try out new ones. Caregivers are coached on:

- Developing consistent positive time with your child.
- Reducing negative parts of your relationship with your child.
- Enhancing your discipline skills.

For more information, contact the Center for Effective Child Therapy
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Tel: 617-278-4288 or visit our website at www.jbcc.harvard.edu/PCIT