



HARVARD MEDICAL SCHOOL  
AFFILIATE



Center for Effective  
Child Therapy  
*Building Skills to Empower Lives*



## Parent-Child Interaction Therapy (PCIT) NOW AVAILABLE for families!

Who can  
benefit from  
PCIT?

- PCIT may be helpful if your child or a child you know is having:
- **Trouble listening to adult requests or arguing with adults.**
  - **Difficulty taking turns, sitting still, or playing alone.**
  - **Temper tantrums, hitting and kicking, and destroying things.**

What is PCIT?

Parent-Child Interaction Therapy (PCIT) is a scientifically proven training program that works with caregivers to enhance parenting techniques for use with their children.

- **PCIT is for children ages 2-7 with emotional and behavioral problems.**
- **The program places an emphasis on improving the quality of caregiver-child relationships and interactions.**

How does  
PCIT work?

Our counselors work with your family to enhance your existing parenting techniques and try out new ones. Caregivers are coached on:

- **Developing consistent positive time with your child.**
- **Reducing negative parts of your relationship with your child.**
- **Enhancing your discipline skills.**

For more information, contact the Center for Effective Child Therapy  
53 Parker Hill Avenue, Boston, MA 02120  
Tel: 617-278-4288 or visit our website at [www.jbcc.harvard.edu/PCIT](http://www.jbcc.harvard.edu/PCIT)